# Cantare Mambo

拍数: 32

级数: Beginner

编舞者: Header Kim (KOR) - March 2025

音乐: Cantaré (feat. Lenier) - Pitbull

#### \* INTRO: 32 counts, No Tag, 2 Restart

\*\*2 Restarts – 3, 6 Wall (After finished 16 counts 2, 5 Wall)

# Sec 1: Side, Together, Side Chasse, Side Mambo L - R

- 1 2 Step RF side to R, Step LF next to RF
- 3 & 4 Step RF side to R, Step LF next to RF, Step RF side to R
- 5 & 6 Step LF side to L, Recover weight on RF, Step LF next to RF
- 7 & 8 Step RF side to R, Recover weight on LF, Step RF next to LF

#### Sec 2: Side, Together, Side Chasse, Side Mambo R - L

- 1 2 Step LF side to L Step RF next to LF
- 3 & 4 Step LF side to L, Step RF next to LF, Step LF side to L
- 5 & 6 Step RF side to R, Recover weight on LF, Step RF next to LF
- 7 & 8 Step LF side to L, Recover weight on RF, Step LF next to RF

## Sec 3: Syncopated Turning Volta R 1/2, Syncopated Turning Volta L 1/2

- 1 2 Step RF forward 1/4 turn to R, Step LF behind RF
- 3 & 4 Step RF forward 1/8 turn to R, Step LF behind RF, Step RF forward 1/8 turn to R (6:00)
- 5 6 Step LF forward 1/4 turn to L, Step RF behind LF
- 7 & 8 Step LF forward 1/8 turn to L, Step RF behind LF, Step LF forward 1/8 turn to L (12:00)

#### Sec 4: Cross Mambo L - R, Pivot turn L1/2, L1/4 turn with shimmy, Together

- 1 & 2 Step RF cross over LF, Recover weight on LF, Step RF next to LF
- 3 & 4 Step LF cross over RF, Recover weight on RF, Step LF next to RF
- 5 6 Step RF forward, 1/2 turn to L (6:00)
- 7 8 Step RF 1/4 turn to L with shimmy, Step LF next to RF (3:00)
- □ Enjoy dance with me and have a fun!!□

## □ Contact: haeder@hanmail.net





**墙数:**4