Ade Nona Baby Bola



拍数: 32 墙数: 4 级数: High Improver

编舞者: Alexandra Rattu (INA) - March 2025

音乐: DJ BABY BOLA BOLA FULL BASS VIRAL TIKTOK ♦DJ AHMAD REMIX



Intro: 8 counts

TAGS: On Wall 3, 4, 8, 11, 12, 13

SECTION 1: MODIFIED RUMBA BOX

1 2 Step RF to R, Closed LF Next to RF

3&4 Step RF Forward, Closed LF Next to RF, Step RF Forward

5 6 Step LF to L, Closed LF Next RF

7&8 Step LF Forward, Closed RF Next to LF, Step LF Forward

SECTION 2 1/4 JAZZBOX 2X

1 2 3 4 Cross RF Over LF, Step LF Back, Step RF to side while turning 1/4 to R, Step LF Forward

(15.00)

5 6 7 8 Cross RF Over LF, Step LF Back, Step RF to side while turning ¼ to R, Step LF Forward

(18.00)

SECTION 3 1/4 MONTEREY, SIDE STEP, BEHIND, TOUCH

1 2 Touch RF to Side, ¼ Turn Right LF Close Together

Touch L to Side, Close RF Together
Step RF Behind LF, touch LF in place
Step LF Behind RF, touch RF in place

SECTION 4 CROSS POINT RL, KICK BALL CHANGE

1 2 3 4 Cross RF Over LF, Point LF to Side, Cross LF Over RF, Point RF to Side

5 & 6Kick RF Forward RF together and ball, Step LF in Place7 & 8Kick RF Forward RF together and ball, Step LF in Place

TAG 4 Counts: SIDE POINT

1 2 Point RF Toe Side (as directed)
3 4 Point LF Toe Side (as directed)

Have Fun

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