

First Things First

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Phrased Low Intermediate
编舞者: Sebastiaan Holtland (NL) - March 2025
音乐: She Got It - Teddy Swims, Coco Jones & GloRilla



Intro: Slow 16 counts, after the words Oh' Oh' Start at approx 13 secs on the word 'You'
(Sequence: A 32, A 16, B 8 counts, A 32, A 32, B 8 tellen, A 32, A 32, B 8 tellen, A 32 ending)..

Part A.

Sec 1. [1-8] L Side, R Beside, L Step with R Sweep ½ L, R Cross, L Side, R Back, L Step Lock Step ½ Left, R Recover with L Sweep, L Small Back with R Sweep.

- 1&2 LF step left (1), RF step beside LF (&), LF step fwd ½ left (6.00) and sweep RF from back to front (2).
3&4 RF step across LF (3), LF step left (&), RF step back (4).
5&6 LF step fwd ¼ left (3.00) (5), RF lock behind LF (&), LF step fwd (6).
7,8 RF recover and sweep LF from front to back (7), LF step slightly back and sweep RF from front to back (8).

Sec 2. [9-16] R Back Mambo, R Back ½ Left with L Sweep, L Anchor Step, Jump Both Feet Apart, Heel Bounce, R Sailor Turn ¼ Left.

- 1&2 RF mambo back (1), LF recover (&), RF step back ½ left (9.00) and sweep LF from front to back (2).
3&4 LF locked behind Rf take weight onto LF (7), RF recover (&), LF recover (8).
&5&6 Jump Both feet apart (&5), Raise both heels, drop both heels take weight onto Lf (&6).
7&8 RF step behind LF (7), LF step left ¼ left (6.00) (&), RF step fwd (8).

Sec 3. [17-24] L Half Rumba Box, L Press fwd with L Sweep, L Behind with R Sweep, R Sailor Step, Step Swivet, Toe Splits.

- 1&2 LF step left (1), RF step beside LF (&), LF press fwd (2).
3,4 RF recover and sweep LF from front to back (3), LF step behind RF and sweep RF from front to back (4).
5&6 RF step behind LF (5), LF step left (&), RF step right (6).
7& LF and swivet L toe to left and R heel to right and take weight onto Lf (7&).
8& Toes spread apart and back together ending weight onto L (8&).

Sec 4 [25-32] R Dorothy Step, L Step R Hitch ¼ Left, Replace, L Step R Hitch ½ Left

- 1,2& RF diagonal fwd (1), lock LF behind RF (2), RF step diagonal fwd (&).
3&4 LF step fwd ¼ turn left (3.00) (3), RF hitch R knee up (&), RF step back in place (4).
5&6 LF step fwd (5), RF hitch R knee up ½ turn left (9.00) (&), RF replace (6).
&7&8 LF hitch L knee up (&), LF replace (7), RF hitch R knee up ¼ left (6.00) (&), RF replace (8).

Part B

Sec 1 [1-8] L Heel Rock Fwd, L Side Heel Rock, R Weave, R Hitch, Suzie Q'S (TRAVELING HEEL GRINDS to Left), R Coaster Step.

- 1&2& LF heel rock fwd (1), RF recover (&), LF heel rock left (2), RF recover (&).
3&4& LF step behind RF (3), RF step right (&), LF step across RF (4), RF hitch R knee up (&).
5&6& RF grinding heel across LF and traveling to left weight onto LF (Suzie Q'S) (5&6&).
7&8 RF step back (7), LF step beside RF (&), RF step fwd (8).

REPEAT THE DANCE AND HAVE FUN!!

