Everybody Cha Cha & Shake



编舞者: Catherine Chew (SG) - March 2025

音乐: Everybody Cha Cha - Cecil Jonni Lauro



Sequence: (32, 32, 16, Tag1, Tag2) x 2, 32, Tag 1, Tag 2 Intro: 10 counts (from 1st beat, app. 0.06 seconds in track)

SEC 1 SIDE. BACK, REPLACE, SIDE SHUFFLE: FORWARD, 1/4 R, CROSS SHUFFLE

Step L to L, Step R back, Replace on L; Step R to R, step L next to R, step R to R

Step L forward, pivot ¼ R; step L cross over R, step R to R, step L cross over R (3)

SEC 2 SIDE, REPLACE, BEHIND-SIDE-CROSS; COASTER STEP, FORWARD-POINT-STEP

23 4&5 Rock R, replace L; step R behind L, step L to L, step R cross over L

6&7 8&1 Step L back, step R together, step L forward; Step R forward, point L next to R, step L to L

(3)*

*16 counts on Wall 3 & and 6

SEC 3 FORWARD, REPLACE, ½ R SHUFFLE; FORWARD, REPLACE, ½ L SHUFFLE

Rock R forward, replace L; R shuffle forward turning ½ R stepping R,L,R (9) Rock L forward, replace R; L shuffle forward turning ½ L stepping L,R,L (3)

SEC 4 CROSS, POINT, BACK, POINT; SAILOR STEP R & L

Step R cross over L, point L to L; Step L back, point R to R

6&7 8&1 Step R behind L, side step L, side step R; Step L behind R, side step R, side step L (3)

Tag 1 (32 counts) – after Wall 3(facing 9 o'clock), Wall 6(facing 6 o'clock) & Wall 7(9 o'clock)

SEC 1 SIDE, POINT, BUMPS: SIDE SHUFFLE; ½ L TURN SIDE SHUFFLE

23 4&5 Step R to R, L point to L, bump R in 2 counts with weight on R

6&7 8&1 L side step-together-step LRL, ½ L R side step-together-step RLR (6)

SEC 2 SIDE, POINT, BUMPS: SIDE SHUFFLE; ½ R TURN SIDE SHUFFLE

23 4&5 Step L to L, R point to R, bump L in 2 counts with weight on L

R side step-together-step RLR, ½ R L side step-together-step LRL (12)

SEC 3 FORWARD, REPLACE; SHIMMY, BACK SHUFFLES

23 4&5 Step forward R, replace L with upper body lean back; shoulders shimmy in 2 counts

6&7 8&1 Shuffle back RLR, shuffle back LRL (12)

SEC 4 BACK, REPLACE; FORWARD SHUFFLE; CROSS-REPLACE-SIDE

23 4&5 Step backward R, L replace with upper body lean forward, shoulder shimmy in 2 counts

6&7 8&1 Shuffle forward RLR; Step L cross over R, replace R, step L to L (12)

Tag 2 (16 counts) - Dance immediately after Tag 1, repeat first 16 counts of Tag 1 only.

Ends the dance with a 1/4 R and Cha Cha Cha pose!