

Zuo Shou Zhi Yue 2025 (左手指月)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Phrased Easy Intermediate
编舞者: Penny Tan (MY) - March 2025
音乐: Zuo Shou Zhi Yue (左手指月) (抖音DJ版) - 萨顶顶 (Sa Ding Ding)



Dance start from vocal "ba shi guang 把时光 ~ "guang"

Tag x3 / No Restart

Tag (4C): 1/2 Turn R Jazz Box

1-4 Cross RF over LF , 1/4 turn R , step LF back , 1/4 turn R step RF to R side , step LF fwd

*Each time tag will facing 6:00 , do 1/2 turn R Jazz Box , facing 12:00

SOD:A(x3) Tag B A(x3) Tag B A(x7) Tag A(x2)

Part A (32C)

SEC1:CROSS, POINT (R-L) , FWD SHUFFLE , FWD , RECOVER

1-2 Cross RF over LF , point L toes out to L side

3-4 Cross LF over RF , point R toes out to R side

5&6 Fwd shuffle R-L-R

7-8 Rock LF fwd , recover on R

SEC2:BEHIND, POINT (L-R) , BACK SHUFFLE , 1/4 TURN R BACK , RECOVER

1-2 Step LF behind RF , point R toes out to R side

3-4 Step RF behind LF , point L toes out to L side

5&6 Back shuffle L-R-L

7-8 1/4 turn R , Rock RF back , recover on L (3:00)

SEC:FWD , HITCH , COASTER STEP (x2)

1-2 Step RF fwd , hitch L knee

3&4 Step LF back , step RF next to LF , step LF fwd

5-6 Step RF fwd , hitch L knee

7&8 Step LF back , step RF next to LF , step LF fwd

SEC4: BOTA FOGO (R-L) , BACK , BACK , 1/4 TURN R SIDE , TOGETHER

1&2 Cross RF over LF , step LF to L side , step RF on R

3&4 Cross LF over RF , step RF to R , step LF on L

5-6 Step RF back , step LF back

7-8 1/4 turn R , step RF to R side , step LF next to RF (6:00)

Part B (16C)

SEC1: FWD WITH HITCH , SMALL RUN BACK L-R, BACK WITH LIFT R, SMALL RUN FWD R-L , FWD , CROSS , SIDE , 1/8 turn L BEHIND, RECOVER , FWD

1-2&3 Step RF fwd with hitch L knee , small run LF back (2) , small run RF back (&) , step LF back with lift RF fwd

4& Small run RF fwd (4) , small run LF fwd (&)

5-6& Step RF fwd with sweep LF from back to front , cross LF over RF , step RF to R side

7-8& 1/8 turn L , Step LF behind RF(7) , recover on R (8) , step LF fwd (&) - (facing 10:30)

SEC2:1/8 PADDLE TURN L , FWD R-L , SLOW PIVOT 1/2 TURN L

1&2& Step RF fwd , make a small turn L , step LF on L , step RF fwd , make small turn L , step LF on L (paddle turn twice to make a 1/8 turn L) - facing 6:00

3-4 Step RF fwd , step LF fwd

5-8 Step RF fwd , slowly make a pivot 1/2 turn L , weight on L on count 8

Have fun and happy dancing!
