Let's Go Ladies!



编舞者: Terry Daily (USA) - March 2025 音乐: Ladies Night - Kool & The Gang



Dance starts 64 counts in.

[1-8] Cross rock, ¼ shuffle, ½ Turn, Shuffle FWD		
1 2	Cross RF over LF and recover LF	
3&4	$\frac{1}{4}$ turn over R shoulder by stepping R foot to make the $\frac{1}{4}$ turn, step LF beside RF, step fwd R. (3:00)	
5 6	Step L fwd, ½ turn over R shoulder shifting your weight to RF	
7&8	Step LF fwd, step RF beside LF, step fwd LF (9:00)	

[9-16] 1/4 Collect, modified Jazz box, Hip Sway and Sit

12	Step RF out making a ¼ turn L and collect LF beside RF (weight will end on LF)
3 4	Cross RF over LF, Step back with LF
5 6	Step out with RF to R side, Drag LF into RF keeping weight on RF
7 8	Sway to L, return weight to RF and sit into R side popping the L knee (6:00)

[17-24] 1/4 Turn Shuffle, Rock and Recover, 1/2 Shuffle, 1/4 Collect

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1&2	Step fwd with LF making ¼ turn L, step RF beside LF, step fwd LF (3:00)
3 4	Rock fwd with RF and recover on LF
5&6	Over R shoulder ½ turn shuffle by stepping RLR (9:00)
7 8	Step LF out making a ¼ turn R and collect RF beside LF taking the weight on RF (12:00)

[18-32] Weave with 1/4 turn, Rock and Recover, Triple

1 2 3 4	Cross LF over RF, step out with RF, step LF behind RF, ¼ Turn R by stepping RF fwd
5 6	Rock LF fwd and recover weight on RF
7&8	Triple in place RLR (optional step would be a full turn triple over L shoulder)

Begin the Dance Again!! Have Fun!!

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