

Untungnya, Hidup Harus Tetap Berjalan

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 1 级数: Phrased High Improver
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音乐: Untungnya, Hidup Harus Tetap Berjalan - Bernadya



Sequences: A B C – A A – C C – A

Intro: 16 Counts

A (1-8) PRISSY WALK (R, L), FWD ROCK RECOVER, BACK LOCK, ¼ LEFT BACK SWEEP

1-4 Cross R over L with hitch, Hold, Cross L over R with hitch, Hold
5-6 Step R forward, Recover onto L
7&8 Back on R, Cross L in front of R, ¼ Turn left & step R back while sweeping L from front to back (9.00)

A (9 – 16) BACK-BRUSH TO BACK (x 2), BACK ROCK RECOVER, FWD LOCK

1-4 Back on L, Brush R to back, Back on R, Brush L to back
5-6 Back on L, Recover onto R
7&8 Step L forward, Lock R behind L, Step L forward

A (17 – 24) ¼ LEFT PADDLE x 2, BOTAFOGO x 2

1-4 Step R forward, ¼ Turn left Recover onto L (6.00), Step R forward, ¼ Turn left Recover onto L (3.00)
5&6 Cross R over L, Step L to left side, Recover onto R
7&8 Cross L over R, Step R to right side, Recover onto L

A (25 – 32) FWD & BACK WITH SHIMMY, ¼ LEFT SIDE-HOLD (R, L)

1-4 Step R forward (shimmy the upper body downward in 2 counts), Recover onto L (shimmy the upper body upward in 2 counts)
5-8 ¼ Turn left & put body weight on R & Hold (12.00), Transfer weight onto L & Hold

Hands action : folding both hands in front of the chest)

B (1-8) SLIDE & DRAG (R, L)

1-4 Slide R to right side, Drag L inward next to R in 3 counts
5-8 Slide L to left side, Drag R inward next to L in 3 counts

B (9-16) ¼ JAZZ BOX TO RIGHT x 2

1-4 Cross R over L, ¼ Turn right & step L back (3.00), Step R to right side, Step L forward
5-8 Cross R over L, ¼ Turn right & step L back (6.00), Step R to right side, Step L forward

C (1-8) FWD-TOUCH, BACK-TOUCH, ½ ¼ ¼ TURN & TAP TO RIGHT

1-4 Step R forward, Touch L behind R, Step L back, Touch R beside L
5-8 (keep weight on L during full rotation) ½ Turn right tap R forward (6.00), ¼ Turn right tap R forward (9.00), ¼ Turn right tap R forward (12.00), Step R beside L

C (9-16) FWD-TOUCH, BACK-TOUCH, BACK & TAP x 2

1-4 Step L forward, Touch R behind L, Step R back, Touch L beside R
5-8 Step L back, Tap R in front, Step R back, Tap L in front

C (17-24) CROSS ROCK RECOVER, CHA CHA ¼ LEFT, PIVOT ¼ LEFT, CROSS SHUFFLE

1-2 Cross L over R, Recover onto R

3&4 Step L to left side, Step R beside L, ¼ turn left & step L forward (9.00)
5-6 Step R forward, ¼ turn left & step L to left side (06.00)
7&8 Cross R over L, Step L to left side, Cross R over L

C (25-32) SIDE ROCK RECOVER, WEAVE, SIDE ROCK RECOVER, BACK ROCK RECOVER

1-2 Step L to left side, Recover onto R
3&4 Step L behind R, Step R to right side, Cross L over R
5-6 Step R to right side, Recover onto L
7-8 Step R to back, Recover onto L

Happy dancing
Dancing from the heart

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