Everything Changes

拍数: 32   **墙数:** 2   **级数:** Beginner

编舞者: Laura Rittenhouse (AUS) - March 2025

音乐: Everything Changes - Morgan Evans

Start after 8 beats

S1: SHUFFLE FWD, ROCK/RECOVER FWD, SHUFFLE BACK, ROCK/RECOVER BACK

1&2,3,4	Shuffle fwd on R (R,L,R), Rock L fwd, Recover on R
5&6,7,8	Shuffle back on L (L,R,L), Rock R back, Recover on L

S2: DOUBLE TIME VINE R&L ON FORWARD DIAGONALS; DOUBLE TIME ZIGZAG BACK

1,2,3,4	Step R to R fwd diagonal, Cross L behind R, Step R to R fwd diagonal, Step L to L fwd diagonal, Cross R behind L, Step L to L fwd diagonal,
5&6&7&8&	Step R back at R diagonal, Touch L beside R, Step L back at L diagonal, Touch R beside L, Step R back at R diagonal, Touch L beside R, Step L back at L diagonal, Touch R beside L

*RESTART here after on Wall 3 facing 12:00

S3: LINDY SHUFFLE R & L

1&2,3,4	Step R to R, Step L beside R, Step R to R, Cross rock L behind R, Recover on R
5&6,7,8	Step L to L, Step R beside L, Step L to L, Cross rock R behind L, Recover on L

S4: TURN ½ L SHUFFLES R&L;SIDESTEP R&L

1&2, 3&4	Turn ¼ L with R fwd shuffle R/L/R (9:00), Turn ¼ L with L fwd shuffle L/R/L (6:00)
5,6,7,8	Step R to R, Touch L beside R, Step L to L, Touch R beside L

*RESTART after S2 (16 counts) of Wall 3 facing 12:00 (the dance works fine with no restart but the restart means the chorus always begins with S1)

Last Update: 15 Mar 2025