

Sir

拍数: 64 墙数: 2 级数: Easy Intermediate
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音乐: Sir - Cooper Alan : (ALBUM: TAKE FOREVER)



Introduction : 16 Beats

ACROSS, SIDE, 1/4 SAILOR, PIVOT TURN, 1/4 SIDE SHUFFLE

1, 2 Step R Across In Front Of Left, Step L To The Side,
3 & 4 Sailor Step Turning 90° Right Step : R-L-R, (3.00)
5, 6 Pivot : Step L Forward, Turn 180° Right Take Weight Onto R, (9.00)
7 & 8 Turn 90° Right Side Shuffle To The Left Step : L-R-L. (12.00)

BACK, ROCK, KICK BALL CROSS, KICK BALL CROSS, SIDE, ROCK

1, 2 Step R Back, Rock Forward Onto L,
3 & 4 Kick R Forward, Step R Back, Step L Across In Front Of Right,
5 & 6 Kick R Forward, Step R Back, Step L Across In Front Of Right,
7, 8 Step R To The Side, Side Rock Onto L. (12.00)

ACROSS, ROCK, 1/4 SHUFFLE FORWARD, PADDLE TURN, SHUFFLE ACROSS

1, 2 STEP R ACROSS IN FRONT OF LEFT, ROCK ONTO L,
3 & 4 ^^ TURN 90° RIGHT SHUFFLE FORWARD STEP : R-L-R, (3.00)
5, 6 PADDLE : STEP L FORWARD, TURN 90° RIGHT TAKE WEIGHT ONTO R, (6.00)
7 & 8 SHUFFLE LEFT ACROSS IN FRONT OF RIGHT STEP : L-R-L. (6.00)

SIDE, HOLD & SIDE, TOUCH, 1 & 1/8 ROLLING VINE LEFT & SCUFF

1, 2 & Step R To The Side, Hold, Step L Together,
3, 4 Step R To The Side, Touch L Toe Together,
5, 6 Turn 90° Left Step L Forward, Turn 180° Left Step R Back, (3.00)
7, 8 ## Turn 90° Left Step L Forward, Turn 45° Left Scuff R Forward. (4.30)

ROCKING CHAIR, PIVOT TURN , SHUFFLE FORWARD

1, 2 Rocking Chair : Step R Forward, Rock Back Onto L,
3, 4 Step R Back, Rock Forward Onto L,
5, 6 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (10.30)
7 & 8 Shuffle Forward Step : R-L-R. (10.30)

ROCKING CHAIR, LITTLE PADDLE, CROSS SAMBA

1, 2 Rocking Chair : Step L Forward, Rock Back Onto R,
3, 4 Step L Back, Rock Forward Onto R,
5, 6 Paddle: Step L Forward, Turn 45° Right Take Weight Onto R, (12.00)
7 & 8 # Step L Across In Front Of Right, Step R To The Side, Step L To The Side

ACROSS, SIDE, BEHIND, 1/4 FORWARD, PIVOT TURN, FORWARD, FORWARD

1, 2 Step R Across In Front Of Left, Step L To The Side,
3, 4 Step R Behind Left, Turn 90° Left Step L Forward, (9.00)
5, 6 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (3.00)
7, 8 Step R Forward, Step L Forward. (3.00)

ACROSS, SIDE, BEHIND, 1/4 FORWARD, PIVOT TURN, FORWARD, FORWARD

1, 2 Step R Across In Front Of Left, Step L To The Side,
3, 4 Step R Behind Left, Turn 90° Left Step L Forward, (12.00)

5, 6 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (6.00)
7, 8 Step R Forward, Step L Forward. (6.00)

[64] REPEAT THE DANCE IN NEW DIRECTION

RESTART 1 : On WALL 1 dance to BEAT 48 (#) & RESTART facing the FRONT.

RESTART 2 : On WALL 3 dance to BEAT 32 (##) & RESTART facing the FRONT

ENDING : On WALL 6 dance to BEAT 20 (^^) then add the following

1, 2 STEP L FORWARD, TURN 270° RIGHT TAKE WEIGHT ONTO R,
3 & 4 SIDE SHUFFLE TO THE LEFT STEP : L-R-L.
