

Wu Xia Blood & Heart (鐵血丹心)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Cat So (AUS) - March 2025
音乐: Wu Xia Blood & Heart (鐵血丹心) - Jenny Tseng & Roman Tam



Start dance after 36 counts

Sec 1 Side behind ¼ turn step ¼ run cross rock ¼ turn full turn

- 1 2&3 Side with right foot (1), behind with left foot (2), ¼ turn to the right stepping right foot forward (&), forward with left foot (3)
- 4&5 ¼ turn to the right running right left right foot sweeping left foot to the front (4&5)
- 6&7 Cross with left foot (6), recover weight to right foot (&), ¼ turn to the left stepping left foot forward (7)
- 8 1 ½ turn to the left stepping right foot back (8), ½ turn to the left stepping left foot forward sweeping right foot to the front (1), ending 3 o'clock

Option: Walk walk in place of ½ turn ½ turn for counts 8 1

Sec 2 Diamond steps back

- 2&3 Cross with right foot (2), 1/8 turn to the right stepping left foot to the side (&), 1/8 turn to the right stepping right foot back (3)
- 4&5 Back with left foot (4), 1/8 turn to the right stepping right foot to the side (&), 1/8 turn to the right stepping left foot (5)
- 6&7 Cross with right foot (6), 1/8 turn to the right stepping left foot to the side (&), 1/8 turn to the right stepping right foot back (7)
- 8 Back with left foot (8), ending 12 o'clock

Restart here on wall 4 facing 6 o'clock

Sec 3 ¼ turn nightclub ¼ turn jazz box ¼ turn sway x 2

- 1 2&3 ¼ turn to the right stepping right foot to the side (1), rock back with left foot (2), recover weight to right foot (&), ¼ turn to the left stepping left foot forward sweeping right foot to the front (3)
- 4 5 6 7 Cross with right foot (4), back with left foot (5), side with right foot (6), cross with left foot (7)
- 8 1 Side with right foot swaying to the right (8), sway left (1), ending 3 o'clock

Sec 4 ¼ turn shuffle forward cross side back back with sweep x 2 rock back

- 2&3 ¼ turn to the right stepping right foot forward (2), together with left foot (&), forward with right foot sweeping left foot to the front (3)
- 4&5 Cross with left foot (4), side with right foot (&), back with left foot sweeping right foot to the back (5)
- 6 7 Walk back with right foot sweeping left foot back (6), walk back with left foot sweeping right foot back (7)
- 8 & Rock back with right foot (8), recover weight to left foot (&), ending 6 o'clock

Keep dancing!

Contact: Winchun168@hotmail.com