I'm a Busy Woman

级数: Beginner

编舞者: Allie Clipper (USA) - March 2025

音乐: Busy Woman - Sabrina Carpenter

Intro: 1x 8 count

1

First 8 count: R Heel, L Heel, R Heel, clap clap, L Heel, R Heel, L Heel, clap clap

- Right heel forward
- 2 Left heel forward
- 3 Right heel forward

拍数: 32

- & clap
- 4 clap
- 5 Left heel forward
- 6 Right heel forward
- 7 Left heel forward
- & clap
- 8 clap

Second 8 count: Lindy Right, Lindy Left

- 1-4 Lindy Right (Alternative: Grapevine Right)
- 5-8 Lindy Left (Alternative: Grapevine Left)

Third 8 count: Half turn, Half turn, Turning jazz box to the R

- 1-2 Step Right forward, ¹/₂ turn pivot over Left shoulder (Alternative: 1-4 Rocking chair)
- 3-4 Step Right forward, ¹/₂ turn pivot over Left shoulder
- 5-8 Jazz box ¼ turn to the Right

Forth 8 count: Hips R, Hips L, Hips R L R L

- 1-2 Hip to right side
- 3-4 Hip to left side
- 5 Hip to right side
- 6 Hip to left side
- 7 Hip to right side
- 8 Hip to left side

Restart on Wall 6: RESTART after 160 counts (Do first 20 8 counts) THEN RESTART FROM BEGINNING (See demo video for clarification)





墙数: 4