At The Table

拍数: 32

级数: Beginner

编舞者: Toni Holmes (UK) - March 2025

音乐: The Gambler (VAVO Remix) - Kenny Rogers & VAVO

墙数:4

(Dance starts at 17 counts)

Section 1: Walk forward, Kick, Walk Back,

- 1-4 Walk Forward, R, L, R, Kick L Forward
- 5-8 Walk Back L, R, L, Close R Next To L

Section 2: Diagonal Steps Forward and Back, Out, Out, In, In

- 1-2 Step Forward diagonally R, Touch L next to R
- 3-4 Step Back L diagonally, Touch R Next to L
- 5-6 Step right out on right diagonal, Step left out on left diagonal
- 7-8 Step right back to centre, Step left next to right

Section 3: Figure 8, 1/4 Turn L

- 1-2 Step R to R Side, Cross L behind R,
- 3-4 Make a ¼ R by stepping R Fwd, Step L Fwd,
- 5-6 Make a ¹/₂ R by stepping R Fwd, Make a ¹/₄ R by stepping L to L side,
- 7-8 Cross R behind L, Step L to L side making 1/4 turn L

Section 4: Rocking Chair, Jazz Box

- 1-2 Rock Forward on R, Recover on L
- 3-4 Rock B on R, Recover on L
- 5-8 Cross R over L, Step Back on L, Step R to R side, close L next to R.



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