Sailor Song Perez

级数: Improver

拍数: 32 编舞者: Vee Trias (INA) - March 2025

音乐: Sailor Song - Gigi Perez

Intro: 32 Counts (Approximatelly 00:29)

NO TAG - NO RESTART

S1. DIAGONAL FORWARD LOCK SHUFFLE, SAMBA CROSS (R-L)

- Step R diagonal forward Lock L behind R Step R diagonal forward 1&2
- 3&4 Step L diagonal forward - Lock R behind L - Step L diagonal forward
- 5&6 Cross R over L - Rock L to side - Recover on R
- Cross L over R Rock R to side Recover on L 7&8

S2. ANCHOR STEP (R-L), SAILOR STEP, SAILOR TURN 1/4 LEFT

- 1&2 Rock R back - Recover on L - Step R in place
- 3&4 Rock L back - Recover on R - Step L in place
- 5&6 Cross R behind L - Step L to side - Step R to side
- Turn 1/4 left cross L behind R Step R to side Step L to side 7&8

S3. CROSS SHUFFLE, CROSS SHUFFLE TURN 1/2 LEFT, SAMBA WHISK (R-L)

- 1&2 Cross R over L - Step L to side - Cross R over L
- 3&4 Turn 1/2 left cross L over R - Step R to side - Cross L over R
- Step R to side Rock L back Recover on R 5 a6
- 7 a8 Step L to side - Rock R back - Recover on L

S4. SYNCOPATED V STEP, PIVOT TURN 1/2 LEFT, SIDE MAMBO (R-L)

- Step R diagonal forward Step L diagonal forward Step R back to center Step L together 1&2&
- 3-4 Step R forward - Turn 1/2 left weight on L
- 5&6 Rock R to side - Recover on L - Step R together
- Rock L to side Recover on R Step L together 7&8

Have fun and happy dancing!





墙数:4