Glory Days (光辉岁月)

级数: Intermediate

编舞者: Yva Teguh (INA) - March 2025

音乐: 光辉岁月 - INFINITY & BEYOND S4 (LIVE)

- INTRO approx. 15sec.

拍数: 32

- NO TAGS

- 6 RESTARTS

On wall 2, 4, 6, 8 = dance to 16c, turn 3/8R to restart the dance.

On wall 3, 7 = dance to 28c then restart.

SECT 1 : FORWARD, CHASSE FULL TURN, SWEEP, CROSS BEHIND, CROSS OVER, SIDE, WEAVE.

- 1 2& RF fwd, LF fwd, turn 1/2R (06.00) RF fwd.
- 3 4& 1/2R LF bwd sweep RF front to back (12.00), cross RF behind LF, Step LF to side.
- 5 6& Cross RF over LF, LF Recover, Step RF to side
- 7&8& Cross LF over RF, Step RF to side, Cross LF Behind RF, Turn 1/4R Step RF fwd (03.00)

SECT 2 : FWD, FULL TURN HINGE ON LF, FWD, FWD, CROSS OVER, 1/4 DIAMOND

- 1 2& LF fwd, Turn 1/2R step RF fwd (09.00), Step LF fwd.
- 3 4& Turn 1/2L Step back on RF (03.00) sweeping on LF to turn another 1/2L (09.00), Step LF fwd, Step RF fwd.
- 5 6& Step LF fwd, Cross RF over LF, Step LF to side.
- 7 8& Step RF diagonally back (10.30), Step LF diagonally back, Turn 3/8R Step RF fwd (03.00).

SECT 3 : SERPIENTE, 1/4R, 1/2L CHASSE TURN, RUN FWD.

- 1 2& Step LF fwd, Sweep RF back to front cross over LF, Step LF to side.
- 3 4& Cross RF behind LF, Sweep LF front to back cross behind RF, Turn 1/4R Step RF fwd (06.00).
- 5 6& Step LF fwd, Step RF fwd, Turn 1/2L Step LF fwd (12.00).
- 7 8& Step RF fwd, Step LF fwd, Step RF fwd.

SECT 4 : FWD, CROSS, NC STEP, TRIPLE FULL TURN , PIVOT.

- 1 2& Step LF fwd, Sweep RF cross over LF, Recover on LF.
- 3 4& Take a big step on RF to side drag on LF, Step LF slightly behind RF, Cross RF over LF
- 5 6& Turn 1/4L Step LF fwd (09.00), Turn 1/2L Step RF back, Turn 1/2L Step LF fwd
- 7 8& Step RF fwd, Turn 1/2L Step LF fwd (03.00).





墙数:4