Oil Money

拍数: 32

级数: Improver

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音乐: OIL MONEY - Graham Barham

Section 1: Front rock, side rock, behind side cross, front rock, side rock, behind side cross. 1& Rock RF forward (1), step back on LF(&) Rock RF to right side (2), step down on LF (&) 2& Cross RF behind LF (3), step LF to left side (&), cross RF over LF (4) 3&4 5& Rock LF forward (5), step back on RF (&) 6& Rock LF to left side, (6) step down on RF(&) 7&8 Cross LF behind RF (7), step RF to right side (&), cross LF over RF(8) Section 2: Sweep, sweep, toe swivel, toe swivel, toe swivel 1,2 Sweep RF from back to front (1), sweep LF front from back to front(2) 3&4 Step forward on RF (3), swivel heels right (&), bring heels back to center (4) 5&6 Step forward on LF (5), swivel heels left (&), bring heels back to center (6) 7&8 Step forward on RF (7), swivel heels right (&), bring heels back to center (8) Section 3: Scissor step, scissor step, heel bounce x 3, toe-heel stomp 1&2& Rock LF out to left side (1), recover to RF (&), cross LF over RF (2), hold (&) 3&4& Rock RF out to right side (3), recover on LF (&), cross RF over LF (4), hold (&) 5&6 Bounce on both knees (5), turn 1/4 left bounce both knees (&), turn 1/4 left bounce on both knees (6) Touch right toe beside left toe with right knee pointing toward left knee (7) touch right heel 7&8 forward with toe pointing outward (&) stomp RF next to LF (8) Section 4: Toe-heel step, mambo forward, mambo backward, traveling sumo squat, traveling sumo squat Touch left toe beside right toe with Irft knee pointing toward right knee (7) touch left heel 1&2 forward with toe pointing outward (&) stomp LF foot next to RF 3&4 Press weight forward on RF (7), recover weight onto LF (&) replace RF next to LF (8) 5&6 Press weight backward on LF (6), recover weight onto RF (&) replace LF next to RF (6)

With body angled to right diagonal, step out wide to right side with RF in a squat position (7) 7&8& bring left foot next to right foot (&) angle body to left diagonal, step out wide to left side with LF in a squat position bring right foot next to left foot





墙数:2