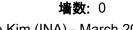
Cowboy Is Busy

级数: Phrased Intermediate

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音乐: Cowboy On The Run (牛仔很忙) - Jay Chou (周杰倫)





Dance start from the lyric begins

拍数: 80

Sequence : AA BB tag C AA BB C BB

Part A 32 counts

Section 1 : Lindv R. L

- 1&2 Step R to side- step L beside R(&)- step R to Side
- 3-4 Rock L behind R- recover on R
- 5&6. Step L to side- step R beside L(&)- step L to Side
- 7-8. Rock R behind L - recover on L

Section 2 : Diagonal Shuffle, chicken walk

- Diagonal R forward- Step L beside R diagonal R Forward (facing 1.30) 1&2
- 3&4 Diagonal L forward- Step R beside L- diagonal R Forward (facing 1.30)
- 5-8 R toe, L toe, R toe, L toe

Section 3 : Rocking chair, paddle 1/4 x 2

- 1 4 R forward, L in place, R backward, L in place
- 5 8 R toe forward, Roll hip 1/4 L x 2 facing 06.00

Section 4 : Cross point x, Jazz box

- 1 4 R cross L, point L to Left, L cross R, pont R to Right
- 5 8 Cross R, step L back, step R to right, step L forward

Part B 16 counts

Section 1 : Vaudeville

- Cross right over left. Step diagonally back left on left & turn body diagonally to the right. 1&2&3&4& Touch right heel diagonally forward to the right. Cross left over right. Step diagonally back right on right & turn body diagonally to the left. Touch left heel diagonally forward to the left.
- 5&6&7&8 same as 1&2&3&4&

Section 2 : Forward shuffle, backward shuffle, rock forward walk walk

- 1&2 Step R forward, lock L behind R, step R forward
- 3&4 turn 1/2 R Step L backward, step R front L, step L backward
- 5-8 Step R backward, L in place, walk R L

Part C: 32 counts

Section 1 : Forward Shuffle, L Chassé

- 1&2 R forward, L beside R, R forward
- Turn ¼ L, step L to left, step R beside L, step L to left 3&4
- 5&6 R forward, L beside R, R forward
- 7&8 Turn ¼ L, step L to left, step R beside L, step L to left

Section 2 : Do the same as Section 1

Section 3 : Weave L R

- 1-4 cross R in front L, step L to left, cross L behind R, touch L to left
- 5-8 cross L in front of R, step R to right, cross R behind L, touch R to right

Section 4 : Cross touch

- 1-4 cross R over L, touch L in place, step L in place, step R to right
- 5-8 cross L over R, touch R in place, step R in place, step L to left

TAG : 16 Counts

- 1&2&3&4&5&6&7&8 Step R to R side, step L in place, step R close beside L, step L to L side, step R in place, step L close beside R, step R to R side, step L in place , step R close beside L, step L to L side, step R in place, step L close beside R, step R to R side, step L in place ,close R besideL(8) while point finger
- 1&2&3&4&5&6 Step L to L side, step R in place, step L close beside R, step R to R side, step L in place, Step R beside L, step L to L side, step R in place, step L to L side, step R in place, step L to L side
- 7&8 while point finger act bang, bang, bang

HAVE FUN! �