

# Rhythm of Terapi

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: High Beginner  
编舞者: Anna-Maria Mejlon (SWE) - March 2025  
音乐: Terapi - Miss Li



Intro: 16 counts

## Walk fwd x2 mambo step, step back x2 mambo step

1-2      walk fwd on R, walk fwd on L  
3&4      rock fwd on R, recover onto L, step back on R  
5-6      step back on L, step back on R  
7&8      rock back on L, recover onto R, step fwd on L

## Monterey ¼ , rock recover cross, side together, chasse

1-2      point R to right side turning ¼ to the right (3:00) weight on R  
3&4      rock to the side with L, recover onto R, cross L over R  
5-6      step R to right side, step together with L  
7&8      step R to right side, step together with L, step R to right side

## Cross rock recover chasse ¼ , rock fwd recover coaster step

1-2      cross L over R, recover onto R  
3&4      step L to left side, step together with R, step ¼ fwd on L (12:00)  
5-6      rock fwd on R, recover onto L  
7&8      step back on R, step L next to R, step fwd on R

## Side rock cross, side rock fwd, step turn ½ step fwd point

1&2      rock L to left side, recover onto R, cross L over R  
3&4      rock R to right side, recover on to L, step fwd on R  
5-6      step fwd on L turning ½ to the right (6:00) weight on R  
7-8      step fwd on L, point R to right side

Start again!!

## After wall 2 there is a 16 count Tag:

1-2      walk fwd on R, walk fwd on L  
3&4      rock fwd on R, recover onto L, step back on R  
5-6      step back on L, step back on R  
7&8      rock back on L, recover onto R, step fwd on L

1-2      walk fwd on R, walk fwd on L  
3&4      rock fwd on R, recover onto L, step back on R  
5-6      step back on L, step back on R  
7&8      rock back on L, recover onto R, step fwd on L

So basically you dance the first 8 counts 3 times when starting wall 3...

This song is in Swedish but if you want to you could also dance this to the english version - it's exactly the same and called Therapy.

Keep Calm and Dance On! :)