Struttin' Star

拍数: 32

级数: Beginner

编舞者: Ruth Lamden - 1997

音乐: Strut Your Stuff - Dave Sheriff

或: Whose Bed Have Your Boots Been Under? - Shania Twain

[1-8] Heel Struts Forward.

- 1-2 Dig right heel forward, drop toes to floor taking weight on to right foot.
- 3-4 Dig left heel forward, drop toes to floor taking weight on to left foot.
- 5-8 Repeat counts 1-4

[9-16] Stroll Back, Stomp, Pigeon Toes x2

- Walk back right, left right. Stomp left beside right. 1-4
- 5-6 Taking weight on the balls of both feet, split heels apart, bring heels together.
- 7-8 Repeat counts 5-6.

[17-24] Camel Walks Forward with Hitches.

- 1-2 Step diagonally forward right, slide left up to right.
- 3-4 Step diagonally forward right, hitch left knee.
- 5-8 Repeat counts 1-4 on the left foot.

[25-32] Steps with Hooks/Slaps, ¼ Steps with Hitches/Slaps.

- 1-2 Step right to right side, hook left behind right knee and slap your boot with right hand.
- 3-4 Step left to left side, hook right behind left knee and slap your boot with left hand.
- 5-6 Step right to right side, hitch left over across right and slap your knee with right hand.
- 7-8 Turn ¼ left stepping forward left, hitch right knee and slap knee with left hand.

Submitted by Glynn Rodgers (glynnrodgers@live.com) - I cannot find a record of this dance on any of the usual sites, so I have written the script from memory.





墙数:4