Knock Three Times

拍数: 32   墙数: 2   级数: Improver

编舞者: Vee Trias (INA), Swesty Budianingsih (INA), Mimitha Kaeru (INA) & Roosamekto Mamek (INA) - March 2025

音乐: Knock Three Times (Dj John Paul Reggae Cha Cha Remix) - Tony Orlando

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Intro : 20 count (approximately 00:09 secs)

RESTART : On wall 2, 3, 6, 7, 10, 11 after 30 count and on wall 4 after 24 count

S1. WEAVE WITH TOUCH (R & L)

1-4	Cross R over L – Step L to side – Cross R behind L – Touch L to side (12:00)
5-8	Cross L over R – Step R to side – Cross L behind R – Touch R to side

S2. SWITCH TOUCHES, R SAMBA CROSS, SWITCH TOUCHES, L SAMBA CROSS

1-2	Touch R cross over L – Touch R to side (12:00)
3&4	Cross R over L – Rock L to side – Recover on R
5-6	Touch L cross over R – Touch L to side
7&8	Cross L over R – Rock R to side – Recover on L

S3. PIVOT TURN 1/2 LEFT, FORWARD LOCK SHUFFLE, JAZZ BOX WITH BRUSH

1-2	Step R forward – Turn 1/2 left weight on L (6:00)
3&4	Step R forward – Lock L behind R – Step R forward
5-8	Cross L over R – Step R back – Step L to side – Brush R beside L

S4. CROSS ROCK, SIDE ROCK, BEHIND, SIDE, SIDE ROCK WITH SWAYS

1-4	Cross/Rock R over L – Recover on L – Rock R to side – Recover on L
5-8	Cross R behind L – Step L to side – Rock R to side and sway body to right – Recover on L and sway body to left (6:00)

REPEAT

CHANGE STEP AND RESTART: On wall 8 after 18 count, change Forward Lock Shuffle (3&4) with:

3-4	Step R forward – Step L together

NOTE FROM THE CHOREOGRAPHERS :
This is not a Cha Cha Cha Dance. That's why the timing is not Cha Cha Timing.

For more info about step sheet & song, please contact:
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