

Sports Car

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Intermediate / Advanced
编舞者: Chrissy Nicole (USA) & Taylor Nicole (USA) - March 2025
音乐: Sports car - Tate McRae



Intro: 16 Counts. Start with weight on LF.

Sequence: AABAA+BBAB

~2 Wall Dance but restart makes it a 4 Wall Dance

Restart: On Wall 5, complete the first 16 counts of part A. Then restart Part B (9:00)

Part A: 32 Counts, 2 Wall

[1-8] Strut Walk, Hold, Strut Walk, Hold, Strut Walk 2x, Hip Bumps

1,2 Cross RF over LF strut walk FW, Hold
3,4 Cross LF over RF strut walk FW, Hold
5,6 Cross RF over LF strut walk FW, cross LF over RF strut walk FW
7&8 Step RF FW w/R Hip Bump, L Hip Bump, R Hip Bump

[1-8] 1/4 Turn L, Kick Ball Change w/Full Turn, Rock FW, Knee Pops BW

1 1/4 turn L step LF FW
2&3 Kick RF FW, step on ball of RF FW, cross tap LF behind RF while starting to make a full turn L
4 Finish full turn L
5,6 Rock RF FW while popping L knee, replace weight to LF while popping R knee
7&8 Step BW on RF w/L knee pop, step BW on LF w/R knee pop, step BW on RF w/L knee pop

***Restart here into Part B 9:00**

[1-8] Walk, 1/2 Turn L w/Sweep, Sailor w/Sweep, 1/4 Turn R, 3/4 Triple Turn R

1,2 Step FW on LF, 1/2 turn L pivot on RF while sweeping LF
3&4 Cross LF behind RF, step on ball of RF, step FW on LF sweeping RF
5,6 Cross RF over LF, 1/4 turn R step LF L
7&8 1/4 turn R step RF FW, 1/4 turn LF to RF, 1/4 turn R step RF FW

[1-8&] Cross, 1/4 Turn Coaster L, Walk, 1/2 Turn R, Body Roll BW, Ball

1,2 Cross LF over RF, step RF R
3&4 1/4 turn L step LF BW, step RF BW, step LF FW
5,6 Step RF FW, 1/2 turn R step LF BW
7,8 Step RF BW w/body roll
& Step LF BW on ball of foot (to restart part A or B)

Part B: 32 Counts, 2 Wall

[1-8] Camel Walk, Triple Camel Walk, Camel Walk, Triple Camel Walk

1,2 Step RF FW pop L knee, step LF FW pop R knee
3&4 Step RF FW pop L knee, step LF FW pop R knee, step RF FW pop L knee
5,6 Step LF FW pop R knee, step RF FW pop L knee
7&8 Step LF FW pop R knee, step RF FW pop L knee, step LF FW pop R knee

(Optional Styling for count 8: tilt head back, R hand to chest or hands at waist w/elbows BW)

[1-8] BW, 1/2 Turn L, Shuffle, Full Turn R, 1/4 L Scissor

1,2 Step RF BW, 1/2 turn L step LF FW
3&4 Step RF FW, step LF to RF, step RF FW prepping for full turn
5,6 Full turn R pivot on LF, step R FW
7&8 1/4 turn R rock LF L, step slightly BW on ball of RF, cross LF over RF

[1-8] 3/8 Triple Turn L, 3/8 Triple Turn L, Rock R w/Body Roll, Ball Cross, Hold

1&2 1/8 turn L step RF R slightly BW, 1/8 turn L step LF slightly BW, 1/8 turn L step RF slightly BW
3&4 1/8 turn L step LF slightly L, 1/8 turn L step RF slightly R, 1/8 turn L step LF FW
5,6 Rock RF FW w/body roll, replace LF
&7,8 Step on ball of RF BW, cross LF over RF, hold

(Optional styling for counts 1&2, 3&4: alternate shoulder pops while turning)

(Optional styling for counts &7,8: R hand motions like you are driving)

[1-8] Ball Cross, Hold, Rock w/Hip Sway, 1/2 Turn Sailor, Shuffle

&1,2 Step on ball of RF, cross LF over RF, hold
3,4 Rock RF R w/hip sway
5&6 1/2 turn R cross RF behind LF, step on ball of LF, replace RF
7&8 Step LF FW, step RF to LF, step LF FW

(Optional styling for counts &1,2: R hand motions like you are driving)

Contact: dancewithchrissy@icloud.com with any questions!

Hope you have as much fun as we did creating this dance! :)

Last Update - 8 May 2025 - R1
