Shipwrecked in Your Heart



编舞者: Abadi Haria (INA) - March 2025

音乐: Shipwrecked in Your Heart - Ronnie Beard



Restart on wall 2 - 16C

S1. TOUCH FORWARD - TOUCH BACK, CROSS ROCK - SIDE, SYNCOPATED WEAVE CROSS - SIDE - 1/4L. FORWARD

1 2. Touch R heel forward, Touch R toe back

3&4. Rock RF over LF (do it by jumping), Recover onto LF, Step RF to the right

5&6& Cross LF over RF, Step RF to the right, Cross LF behind RF, Step RF to the right

7&8. Cross LF over RF, Step RF to the right, ¼Turn L. Step LF forward

S2. DIAGONAL FORWARD LOCK SHUFFLE R/L, BACK SHUFFLE R/L

Step RF diagonal R forward, Lock LF behind RF, Step RF diagonal R forward
Step LF diagonal L forward, Lock RF behind LF, Step LF diagonal L forward

5&6. Step RF back, Step LF next to RF, Step RF back7&8. Step LF back, Step RF next to LF, Step LF back

S3. CROSS TOUCH - HITCH, CHASSE (R/L)

12. Touch R toe over LF, Lift R knee diagonal L forward

3&4. Step RF to the right, Step LF next to RF, Step RF to the right

5 6. Touch L toe over RF, Lift L knee diagonal R forward

7&8. Step LF to the left, Step RF next to LF, Step LF to the left

S4. 1/4L. PIVOT (2X), JAZZBOX

1234. Step RF forward, ¼Turn L. Weight on LF, Step RF forward, ¼Turn L. Weight on LF

5678. Cross RF over LF. Step LF back, Step RF to the right, Step LF forward

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