

# Mama Told Me

**COPPER** KNOB  
STEPPERS

拍数: 64      墙数: 0      级数: Phrased Advanced  
编舞者: Priska Staud (CH) - March 2025  
音乐: Mama Told Me - The Poverty Plainsmen



## Tag 24 Counts, Final 1 Count

SEQ: 4 x A – B – B short – Tag – 4 x A – B – B short – Tag – 2 x A – 3 x B – B short – Tag short – B – B short – Tag – 2 x A – Final

- \* B Short: Ended after 16 Counts
- \* Tag short: Ended after 16 Counts
- \* Final: Stomp right in front

## Part A

### Sect 1 KICK, HOOK, 2 x KICK, COASTER STEP, HOLD

- 1 – 2      Kick R forward – Hook R in front of L
- 3 – 4      Kick forward R – Kick forward R
- 5 – 6      Step back R – Step L next to R
- 7 – 8      Step forward R – Hold

### Sect 2 STEP, TURN, TURN, HOLD, ROCKING CHAIR

- 1 – 2      Step L in front – ½ turn over right with the weight on R
- 3 – 4      ½ turn over right with the weight on L – Hold
- 5 – 6      Back rock R – Recover L
- 7 – 8      Rock step R – Recover L

### Sect 3 LOCK STEP ¼ TURN, HOLD, CROSS, BACK ROCK, RECOVER, STOMP UP

- 1 – 2      Step R ¼ turn right – Lock L behind R
- 3 – 4      Step R ¼ turn right – Hold
- 5 – 6      Cross L over R – Jumping back R
- 7 – 8      Recover L – Stomp up R

### Sect 4 HEEL, TOUCH, 2 x KICK, BACK ROCK, RECOVER, STOMP, STOMP

- 1 – 2      Heel R in front – Touch R next to L
- 3 – 4      Kick forward R – Kick forward R
- 5 – 6      Jumping back to R – Recover L
- 7 – 8      Stomp R – Stomp L

## Part B

### Sect 1 JUMPING ROCK STEP, RECOVER, 2 x SCOOT ¼ TURN, BACK ROCK, RECOVER, STOMP, STOMP

- 1 – 2      Jumping rock R diagonal forward – Recover to L hook R
- 3 – 4      Scoot on L ¼ turn right – Scoot on L ¼ turn right
- 5 – 6      Jumping back rock to the R – Recover to L
- 7 – 8      Stomp R – Stomp L

### Sect 2 KICK DIAGONAL, FLICK AND SLAP, SIDE STEP, TOGETHER, STEP SLIDE, BACK ROCK, RECOVER

- 1 – 2      Kick R diagonal – Flick R behind L and slap with the left hand
- 3 – 4      Step R to the right – Step L next to the R
- 5 – 6      Step R to the right – Slide L next to R
- 7 – 8      Back rock diagonal L – Recover to the R \*

\* B short ends here

**Sect 3 WEAVE, ¼ TURN ROCK RECOVER, ½ TURN, HOLD**

- 1 – 2 Step L to the left – Step R behind left
- 3 – 4 Step L to the left – Step R cross over left
- 5 – 6 Side Rock L to the left with a ¼ turn over left – Recover the weight to the R
- 7 – 8 ½ turn over left – Hold

**Sect 4 ¼ STEP TURN, CROSS, HOLD, SLIDE, STOMP, STOMP**

- 1 – 2 Step R in front – ¼ turn over left with the weight on L
- 3 – 4 Cross R over L – Hold
- 5 – 6 Slide L to the L – Slide L to the L
- 7 – 8 Stomp R – Stomp L

**Tag****Sect 1 STOMP, HOLD, HOLD, HOLD, FULL TURN STOMP, HOLD, HOLD, HOLD**

- 1 – 2 Stomp L – Hold
- 3 – 4 Hold – Hold
- 5 – 6 Full turn over left Stomp R – Hold
- 7 – 8 Hold – Hold

**Sect 2 ROCKING CHAIR, STEP TURN, TURN, HOLD**

- 1 – 2 Rock step forward L – Recover to R
- 3 – 4 Back Rock L – Recover to R
- 5 – 6 Step L in front – ½ turn right and put the weight on the right
- 7 – 8 ½ turn right and step L next to R – Hold \*

**\* Tag short ends here****Sect 2 ROCKING CHAIR, STEP TURN, STEP TURN**

- 1 – 2 Rock step forward R – Recover to L
  - 3 – 4 Back rock R – Recover to L
  - 5 – 6 Step R in front – ½ turn left and put the weight on the left
  - 7 – 8 Step R in front – ½ turn left and put the weight on the left
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