

Ghost

拍数: 32 墙数: 4 级数: Beginner
编舞者: Chrystel Arréou (FR) - March 2025
音乐: Ghost - Tim Culpepper



Intro : 16 counts

SWIVEL TOE, HEEL, TOE R TO R, SWIVEL TOE, HEEL, TOE R TO L, BACK RUMBA BOX

1&2 Swivel Point R to R side, Swivel R Heel to R side, Swivel Point R to R side
3&4 Swivel Point R to L side, Swivel R Heel to L side, Swivel Point R to L side
5&6 Step R to R side, Step L next to L, Step back on R
7&8 Step L to L side, Step R next to L, Step L fwd

STEP R, STEP L, MAMBO STEP, BACK L WITH SWEEP, BACK R WITH SWEEP, BACK ROCK, TOGETHER

1-2 Step fwd on R, Step fwd on L
3&4 Step fwd on R, Recover on L, Step back on R
5&6& Step back on L, Sweep R from front to back, Step back on R, Sweep L from front to back
7&8 Step back on L, Recover on R, Step L beside R

Restart on wall 4 (Start 3h/Restart 3h)

SIDE ROCK CROSS R, SIDE ROCK CROSS L WITH ¼ TURN R, SYNCOPATED WEAVE TO R, SIDE ROCK CROSS

1&2 Step R to R side, Recover on L, Cross R over L
3&4 Step L to L side, ¼ turn R stepping R fwd, Step L fwd 3h
5&6& Step R to R side, Cross L behind R, Step R to R side, Cross L over R
7&8 Step R to R side, Recover on L, Cross R over L

BACK TOE STRUT WITH ¼ TURN R, TOE STRUT WITH ¼ TURN R, MAMBO STEP, POINT, TOUCH, POINT, BACK ROCK, STOMP

1&2& ¼ turn pointing L on back, Drop L Heel, ¼ turn R pointing R fwd, Drop R Heel
3&4 Step fwd on L, Recover on R, Step L beside R
5&6 Point R to R side, Touch R next to L, Point R to R side
7&8 Step back on R, Recover on L, Stomp R next to L 9h

Restart : After 16 counts on wall 4 (Start 3h/Restart 3h)

Merci à Patricia de m'avoir proposé cette belle chanson !

Bonne danse !! countryrn10@free.fr

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