Viva Revisited

级数: High Beginner / Improver

编舞者: Marcella Wells (USA) - December 2024

墙数:4

- 音乐: Parasol Jesse Cook
 - 或: Tears of Joy Govi
 - 或: La Última Noche Diego Torres

LEFT START (start dance at 1:24 when music rhythm changes)

Sec. 1. Rhumba box forward L & R, L forward mambo recover R sweep, behind side cross

- 1&2 step L to L side, step R next to L, Step L forward
- 3&4 step R to R side, step L next to R, step R forward
- 5&6 step forward L, recover R, step L back, sweep R to right side
- 7&8 cross R behind L, step L side, cross R over L (12:00)

Sec. 2. Rock out 1/4 turn, Lock step R, Lock step L, Step, tap, sweep

- 1&2 L rock side, step R ¼ turn (3:00), Step L
- 3&4 step R fwd, lock L near R heel, step R fwd
- 5&6 step L fwd, lock R near L heel, step L fwd
- 7&8 step R fwd (slight R diagonal), tap L toe behind R, step L, Sweep R side (3:00)

Sec. 3. Behind side cross 1/4 L turn, Mambo fwd, back, side cross

- 1&2 step R behind L, step L ¼ turn to left, step R fwd (12:00)
- 3&4 step L fwd, recover R, step L next to R
- 5&6 step R back, recover L, step R next to L
- 7&8 step L side, recover R, cross L over R

Sect 4. R Weave with ¼ turn hold, L ½ pivot, R triple fwd

- 1& 2& 3& 4& Weave right (Step R side, L cross behind / Step R side, cross L in front / step R side, L cross behind / Step R ¹/₄ turn hold)
- 5&6 step L ½ pivot clockwise, step L
- 7&8 R triple fwd (R, L, R) (9:00)

Start again

Alternate Music

- * Tears of Joy (Govi) slower rhythm for teaching (start dance at 1:53)
- * La Ultima Noche (Diego Torres)
- Wall 1 Starts at 12:00 / ends at 9:00
- Wall 2 Starts at 9:00 / ends at 6:00
- Wall 3 Starts at 6:00 / ends at 3:00
- Wall 4 Starts at 3:00 / Ends at 12:00





拍数: 32