

Bara Bada Bastu

COPPER KNOB
STEPPERS

拍数: 108 墙数: 2 级数:
编舞者: Ritva Ojala (FIN) - March 2025
音乐: Bara Bada Bastu - KAJ



Seq: A, tag1 (6:00), B, B, A16+restart (6:00), A26+step change 2 counts, tag1 (12:00), B, C, tag2 (12:00), B, C18, ending 2 counts

Throw your arms up every time they sing "SAUNAN"

Intro: 16 counts

PART A:

WALK, WALK, SHUFFLE FORWARD, ROCK STEP, RECOVER, COASTER CROSS

1-2 Walk forward on right, Walk forward on left
3&4 Step forward on right, Step left next to right, Step forward on right
5-6 Rock forward on left, Recover back on right
7&8 Step left back, Step right next to left, Cross left over right

SIDE, BEHIND, CHASSE R, CROSS ROCK, RECOVER, CHASSE L

1-2 Step right to the right side, Step left behind right
3&4 Step right to right side, Step left next to right, Step right to right side
5-6 Cross left over right, Recover back on right
7&8 Step left to left side, Step right next to left, Step left to left side

¼ TURN LEFT, SIDE, TOUCH, SIDE, TOUCH, CHASSE R, CROSS ROCK, RECOVER

1-2 Turn ¼ left and step right to right side (9:00), Touch left in place
3-4 Step left to left side, Touch right in place
5&6 Step right to right side, Step left next to right, Step right to right side
7-8 Cross left over right, Recover on to right

SIDE, TOUCH, SIDE, TOUCH, CHASSE L, STEP, PIVOT ¼

1-2 Step left to left side, Touch right in place, *
3-4 Step right to right side, Touch left in place
5&6 Step left to left side, Step right next to left, Step left to left side
7-8 Step right forward, pivot ¼ left transferring weight on to left (6:00)

*Third time when you are dancing part A, you dance 26 counts, then step change:

Step right back and turn ¼ left (12:00) (3), step left forward (4) and then you will continue with Tag 1

PART B

SHUFFLE FORWARD, SHUFFLE FORWARD, STEP, ¼ PIVOT, STEP, ¼ PIVOT

1&2 Step forward on right, Step left next to right, Step forward on right
3&4 Step forward on left, Step right next to left, Step forward on left
5-6 Step forward on right, pivot ¼ left transferring weight on to left
7-8 Step forward on right, pivot ¼ left transferring weight on to left

VAUDEVILLE, VAUDEVILLE, ROCKING CHAIR

1&2& Cross right over left, step left back, touch right heel diagonal right, step right beside left
3&4& Cross left over right, step right back, touch left heel diagonal left, step left beside right
5-6 Rock forward on right, Recover on left
7-8 Rock back on right, Recover on left

SHUFFLE FORWARD, SHUFFLE FORWARD, STEP, ¼ PIVOT, STEP, ¼ PIVOT

- 1&2 Step forward on right, Step left next to right, Step forward on right
- 3&4 Step forward on left, Step right next to left, Step forward on left
- 5-6 Step forward on right, Pivot ¼ left transferring weight on to left
- 7-8 Step forward on right, Pivot ¼ left transferring weight on to left

VAUDEVILLE, VAUDEVILLE, ROCKING CHAIR

- 1&2& Cross right over left, Step left back, Touch right heel diagonal right, Step right beside left
- 3&4& Cross left over right, Step right back, Touch left heel diagonal left, Step left beside right
- 5-6 Rock right forward, Recover weight on to left
- 7-8 Rock right back, Recover weight on to left

PART C (Always starts facing 12:00)

K STEP

- 1-2 Step right forward to R diagonal, Touch left next to right (clap)
- 3-4 Step left back to L diagonal, Touch right next to left (clap)
- 5-6 Step right back to R diagonal, Touch left next to right (clap)
- 7-8 Step left forward to L diagonal, Touch right next to left (clap)

PADDLE TURN 1/8 (4 TIMES)

- 1-2 Step down forward on ball of right and point straight forward with your right arm (1), Turn 1/8 left transferring weight on to left and roll your hand left (arm still pointing straight forward, only hand and wrist turns left)(2)
- 3-8 Repeat paddle turn 1/8 left and weight transferring and your hand movements another 3 times (right arm points forward the whole time). On count 8 you have turned altogether ½ and you will be facing 6:00

K STEP

- 1-2 Step right forward to R diagonal, Touch left next to right (clap) * ending
- 3-4 Step left back to L diagonal, Touch right next to left (clap)
- 5-6 Step right back to R diagonal, Touch left next to right (clap)
- 7-8 Step left forward to L diagonal, Touch right next to left (clap)

PADDLE TURN 1/8 (4 TIMES)

- 1-2 Step down forward on ball of right and point straight forward with your right arm (1), turn 1/8 left transferring weight on to left and roll your hand left (arm still pointing straight forward, only hand and wrist turns left)(2)
- 3-8 Repeat paddle turn 1/8 left and weight transferring and your hand movements another 3 times (right arm points forward the whole time). On count 8 you have turned altogether ½ and you will be facing 12:00

TAG 1

WALK, WALK, WALK, TOUCH, BACK, BACK, BACK, TOUCH

- 1-2 Walk forward on right, Walk forward on left
- 3-4 Walk forward on right(3), Touch left next to right and throw your arms up (4) (they sing "SAUNAAN")
- 5-6 Step back on left, Step back on right
- 7-8 Step back on left, Touch right next to left (lower your arms on counts 5-8)

TAG 2

HIP BUMPS (RIGHT-LEFT-RIGHT-LEFT)

- 1-2 Bump hips to right, Bump hips to left
- 3-4 Bump hips to right, Bump hips to left or you can do what you like in 4 counts time

Ending (2 counts) 6:00

At the end you will dance 18 counts of part C and you will be facing 6:00.

K step

1-2 Step right forward to R diagonal, Touch left next to right (clap) (These are counts 17-18) then you change next two steps:

3-4 Turn $\frac{1}{2}$ left and step left forward (12:00) (3), step right forward and throw your arms up (SAUNAAN)(4)

This may seem difficult but the music will help you :D.

HAVE FUN!

BARA BADA BASTU! SAUNAAN! :D
