Dancing Girl



拍数: 48 墙数: 2 级数: Easy Intermediate

编舞者: Yvonne (Krause) Halsey (USA) - March 2025 音乐: Dancing Girl (feat. Mark Knopfler) - Dion



#16 Intro - 8 Count Tag & Restart

[1-8] FORWARD RUMBA BOX

Step right to right side, step left next to right, step forward on right, touch left.
 Step left to left side, step right next to left, step back on left, touch right next to left.

[9-16] STEP INTO A 1/4 TURN RIGHT, FORWARD RUMBA BOX

1-2 Step into a ¼ turn to right side, step left next to right. (3:00)

3-4 Step forward on right, touch left next to right.

5-8 Step left to left side, step right next to left, step back on left, touch right next to left.

[17-24] ROCK BACK RECOVER, SHUFFLE 1/2, SHUFFLE 1/4, WALK WALK

1-2 Rock back on right, recover onto left.

3&4 Shuffle ½ turn left by stepping right, left, right. (9:00)

5&6 Continue to shuffle ¼ turn left by stepping, left, right, left. (6:00)

7-8 Walk forward right, left.

[25-32] ROCK RECOVER SWEEP, BEHIND SIDE CROSS

1-2 Rock forward on right, recover onto left.

3-4 Step back on right, sweep left foot front to back.5-6 Step left behind right, step right to right side.

7-8 Cross left over right and hold.

*Your tag happens here during the fourth time around facing 12:00 then restart facing 6:00

[33-40] MONTEREY PENDULUM (TOTALS ½ TURN)

Touch right toe to right side as you turn ½ right on ball of left stepping together on right.

Touch left toe to left side as you turn ¼ left on ball of right stepping together on left.

Touch right toe to right side as you turn ½ right on ball of left steeping together on right.

Touch left toe to left side as you turn ¼ left on ball of right stepping together on left. (12:00)

(Easier option would be two ¼ Monterey turns)

[41-48] ROCK RECOVER STEP BACK, STEP TOGETHER STEP, ½ TURN LEFT

1-4 Rock forward on right, recover onto left, step back on right and hold.

5-8 As you turn ½ left, step forward on left, step right next to left, step forward on left and hold.

*Tag & Restart: During the fourth time around dance the first 32 counts you will be facing 12:00. Your eight-count tag is the same as the last eight counts of the dance then restart facing 6:00.

May You Always Dance Like No One Is Watching

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