

Pieces of Us

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Intermediate
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音乐: Pieces Of Us - Mark Mike



Intro 16 counts

Sequence: 32 - TAG1 - 16 - 32 - TAG 1 - 16 - 32 - TAG 2 - 32 - 32 - 14 - ENDING

SIDE TOUCH SIDE, BEHIND, ¼ TURN, ROCK BACK, FWD SPIRAL ¾ TURN, SIDE, CROSS, SIDE, BEHIND, SIDE ROCK, RECOVER

1&2 Step R to side, touch L beside R, Step L to side 12.00

Optional Arms: R hand swipe across from L shoulder to R shoulder, pull down to R waist

3&4 Step R behind L, push L to side, ¼ turn left, recover on R while popping left shoulder back 9.00

Optional Arms: Both arms straighten and swing to left side

5-6 Recover on L while making a ¾ spiral turn right, Step R to side 6.00

7&8&1 Cross L over R, Step R to side, Step L behind R, Rock R to side, Recover on L 6.00

BEHIND, ¼ TURN, MAMBO BACK, FWD, 2 x PIVOT TURN

2-3 Step R behind L, ¼ turn left, step forward on L 3.00

4&5 Rock forward on R, recover on L, Rock back on R while lifting L forward slightly 3.00

Optional Arms: Clench both fist, elbow bend and pull down slightly beside both shoulders on count 5

6 Step forward on L 3.00

7&8& Step forward on R, pivot ½ turn left on R, Repeat 3.00

RESTART HERE ON WALL 2 and 4

PRESS, RECOVER, SWEEP, BEHIND, SIDE, TOUCH, ¼ TURN, SPIRAL FULL TURN, RUN ¼ TURN

1-2 Press R forward, recover on L while sweeping R back 3.00

3&4 Step R behind L, Step L to side, Touch R beside L 3.00

5-6 ¼ turn right step R forward, step L forward making a spiral full turn right 6.00

7&8 Step R forward, 1/8 turn right step L forward 1/8 turn right, step R forward 9.00

CROSS, SIDE, ROCK BACK, RECOVER, HINGE ½ TURN, SIDE, CROSS, SIDE ROCK, RECOVER, TOUCH

1-2 Cross L over R, Step R to side 9.00

3&4 Rock back on L, recover on R, ¼ turn right step back on L while sweeping R making another ¼ turn right 3.00

5-6 Step R to side, Cross L over R 3.00

7&8 Side rock on R, recover on L, touch R beside L 3.00

START AGAIN!

TAG 1 (8 counts) after wall 1 & 3

FWD SWEEP, CROSS SIDE BEHIND, BEHIND SIDE CROSS, RECOVER SIDE CROSS, RECOVER, SIDE

1 Step forward on R while sweeping L

2&3 Cross L over R, Step R to side, Step L behind R while sweeping R

4&5 Step R behind L, Step L to side, Cross R over L

6&7 Recover on L, Step R to side, Cross L over R

8& Recover on R, Step L to the side

TAG 2 (16 counts) after wall 5 – Do the whole Tag 1 and repeat

OPTIONAL ENDING: Do till count 14, and close R beside L, and POSE!

