

Behind-Side-Cross and More

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: S.M. Fulton (USA) - April 2025
音乐: Somethin' 'Bout A Woman - Thomas Rhett
或: Not Your Man - Teddy Swims
或: Old Flame - Johnny Reid
或: Lover Please - Kris Kristofferson & Rita Coolidge
或: Walk of Shame - Eight to the Bar



Music:

Somethin' About a Woman/Thomas Rhett. 1 restart, 1 tag
Not Your Man/Teddy Swims. No tags or restarts
Old Flame by Johnny Reid. 3 restarts with tags
Lover Please by Kris Kristofferson & Rita Coolidge. No tags or restarts
Walk of Shame/Eight to the Bar. No tags or restarts

#16-count intro for Old Flame, Lover Please and Somethin' About a Woman
#32-count intro for Not Your Man, count starting after the small intro.
#32-count intro for Walk of Shame.
#See notes at bottom for tags and restarts

Section 1 R side rock, behind-side-cross, L side rock, behind-side-cross

1 2 R side-rock, recover L to side
3 & 4 Cross R behind L, step L to side, cross R over L
5 6 L side-rock, recover R to side,
7 & 8 Cross L behind R, step R to side, cross L over R

Section 2 Pivot one/eighth x 2, side-touch x 2

1 2 3 4 Forward R, step L an eighth to 10:30. Repeat, to 9:00.
5 6 7 8 Step R to side, touch L next to R, step L to side, step R next to L

Section 3 R side rock, crossing shuffle, L side-rock, crossing shuffle

1 2 R side-rock, recover L
3 & 4 R crossing shuffle in front of R
5 6 L side-rock, recover
7 & 8 L crossing shuffle in front of L

HARDER OPTION for section 3; PAIR WITH HARDER OPTION for Section 4: Side-rock, recover, crossing shuffle, quarter back L [12:00], quarter side R [3:00], L crossing shuffle

Section 4 Side rock cross, hold, side rock cross, hold

1 2 3 4 R side-rock (1), L recover side (2), R cross in front of L (3), hold (4)
5 6 7 8 L side-rock (5), R recover side (6), L cross in front of R (7), hold (8)

HARDER OPTION for Section 4; PAIR WITH HARDER OPTION for Section 3: R side-rock, L recover, R cross, hold. L quarter back [6:00], quarter side R [9:00], L cross, hold.

NOTE: if you do the harder option in section 3, also do it in section 4, so your walls will be right for tags and restarts.

DETAILS ON THE TAGS AND RESTARTS

–With Somethin' About a Woman, restart on wall 3 after 16 counts. Wall 3 starts at 6:00 and 16 counts take you to 3:00. At the end of wall 7, starting at 6:00 and ending at 3:00, do a rocking chair as a 4-count tag. No changes are needed during the funky music sections.

–With Old Flame, there are three restarts, each with a rocking chair as a 4-count tag. On wall 4, starting at 3:00, dance through 16 counts (through the side-touches) to 12:00 then do a rocking chair, then restart. On wall 9, which starts at 12:00, dance 16 counts to the 9:00 wall, then do the rocking chair. On wall 12, starting

at 3, dance the 16 counts, to 12:00, then do the rocking chair tag.

THIS DANCE was written to teach behind-side-cross and side-rock-cross sequences to less experienced dancers. The easy options are recommended for them and use of the slowest music such as Lover Please. I really like the Old Flame music but it is harder because the music doesn't help much ahead of time on the tags.
