

# Be Kind

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Bonita Malone (USA) - April 2025  
音乐: Be Kind - Zak Abel



#16 count introduction

No Tags, No Restarts

## VINE W/BRUSH, ROCK FWD, RECOVER, BACK, KICK

1,2,3,4      Step R side (1), cross L behind (2), step R side (3), brush L fwd (4)  
5,6,7,8      Rock fwd on L (5), recover on R (6), step back on L (7), kick R fwd (8)

## ROCK BACK, RECOVER, STEP FWD, PIVOT ¼ L, JAZZ BOX

1,2,3,4      Rock back on R (1), recover on L (2), step R fwd (3), pivot ¼ L (4)  
5,6,7,8      Cross R over L (5), back on L (6), step L (7), step L cross frt (8) [9:00]

## SIDE, TOUCH, STEP ¼ TURN, TOUCH, SIDE, TOUCH, STEP ¼ TURN, TOUCH

1,2,3,4      Step R side (1), touch L next to R (2), step ¼ turn L (3), touch R next to L (4) [6:00]

### Optional claps on 2, &4

5,6,7,8      Step R side (5), touch L next to R (6), step ¼ turn L (7), touch R next to L (8) [3:00]

### Optional claps on 6, &8

## RUMBA BOX

1,2,3,4      Step R side (1), step L next to R (2), step R fwd (3), touch L next to R (4)  
5,6,7,8      Step L side (5), step R next to L (6), step L back (7), touch R next to L (8)

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