

Bottoms Up!

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4
编舞者: Noreen Wall (UK) - April 2025
音乐: Bell Bottoms Up - Lainey Wilson

级数: Absolute Beginner



Start On Song Lyrics 20 Seconds

Section 1 - Right Grapevine ,Point X 2

1,2,3,4. R To R Side, L Behind R, R To R Side , Touch L Next To R.
5,6,7,8 Point L To Left Side , Touch Next To R , Point L To L Side , Touch Next. To R (Flick Behind
As Alternative)

Section 2 - Left Grapevine Scuff, Forward Shuffle , R, L

1,2,3,4. L To L Side, R Behind L, L To L Side, Scuff R Forward.
5&6 7&8 Step Forward On To R Foot, Step Left Behind R (&), Step Forward On To R. Foot. Step
Forward On To L Foot, Step R Foot Behind L (&) Step Forward On To L Foot

Section 3 - R Rocking Chair, 2x Paddle Steps Make ¼ Turn L To 9 0' Clock.

1,2,3,4. Rock Forward On R Foot, Recover Weight On L Foot, Rock Back On R Foot, Recover
Weight On L Foot.
5,6,7,8. Paddle Step 1/8 Turn Left, Paddle Step 1/8 Turn Left To 9 0' Clock.

Section 4 - Cross Points X2. Jaz Box In Place.

1,2,3,4. Cross R Over L Point L To Left Side, Cross L Over R Point R To Right Side.
5,6,7,8. Cross R Over L, Step Back On L, Step R Next To L , Cross L Over R .

Enjoy Dancing !
