Just a Feeling

级数: Improver

编舞者: Sophie Hall (UK) & Jessica Hall (UK) - April 2025

音乐: More Than A Feeling - Declan J Donovan

拍数: 32

墙数: 2



No tags no restarts

Section 1- Rock forward, recover, triple full turn, L rock recover coaster step

- Rock forward on RF, Recover back onto LF 1&2
- 3&4 Make a ¹/₂ turn R and step forward on RF, make a ¹/₄ turn R and close LF next to RF, make ¹/₄ turn R and step forward on RF
- 5-6 Step LF forward, putting weight onto LF, Recover back putting weight onto RF
- 7&8 Step LF back, put RF beside the LF, step LF forward

Section 2- R point L point step ¼ turn R jazz box with a cross

- Point RF out to the R side, bring RF back next to the LF as you point LF out to the L side, 1&2& bring Lf next to the RF
- 3-4 Step RF forward turn a ¼ left putting weight on LF
- Cross RF over LF, Step LF back, step RF out to R side, cross LF over the Rf 5-6-7-8

Section 3- Monterey 1/2 Monterey 1/4

- 1-2 Point RF to R side, bring RF back in while turning 1/2 turn R placing weigh on RF,
- 3-4 point LF out to left side, place of beside RF
- 5-6 Point RF out to R side, bring RF back in while turning 1/4 turn
- 7-8 Point LF out to L side, bring LF beside the RF

Section 4- R rock recover shuffle back, coaster step, out out, in in

- 1-2 Rock RF forward, Recover weight back on LF
- 3&4 Step RF back, place LF next to RF, step RF back
- 5&6 Step LF back, Put RF next to LF, Step LF forward
- 7&8& Step RF out to R side, Step LF out to L side, Bring RF back in, bring LF next to the RF ending with weight on LF