

American Woman

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 4
编舞者: Sophie Ruhling (FR) - April 2025
音乐: American Woman - Lenny Kravitz

级数: Absolute Beginner



#16 count intro - CW
NO TAG - NO RESTART

SECT.1 HEEL R X2, HEEL L X2, COASTER STEP L, WALK R, HOLD AND CLAP

1-2&	tap R heel fwd, tap R heel fwd, step R in place
3-4	tap L heel fwd, tap L heel fwd
5&6	back L, back R beside L, walk L
7-8	walk R, hold and clap

SECT.2 STEP 1/2 TURN R, TRIPLE STEPS L FWD, MILITARY 1/4 TURN L, SYNCOPATED WEAVE TO LEFT

1-2	walk L, 1/2 turn R and weight on R fwd (6.00)
3&4	walk L, walk R beside L, walk L
5-6	walk R, 1/4 turn L and weight on L (3.00)
&7&8	cross R behind L, step L to L side, cross R over L, step L to L side