

# Holding Back the Ocean

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Karen Lee (TW) - April 2025  
音乐: Holding Back the Ocean - Rockie Lynne



Intro: 16 C, 1 Restart. / No Tag.

**[S1]: Vine R Touch, Vine L Brush.**

1-4      Step RF To Right Side, Step LF Behind to RF, Step RF To Right Side, Touch LF Next to RF  
5-8      Step LF To Left Side, Step RF Behind to LF, Step LF To Left Side, Brush RF Forward.

**[S2]: Rocking Chair, Rock, Turn 1/4 R, Point.**

1-4      Rock RF Forward. recover onto LF, Back Rock RF, Recover LF  
5-8      Rock RF Forward, recover onto LF, 1/4 Turn Right, Step RF to R Side, Touch LF to L side  
(3:00)

Restart here, on Wall 5, change the 8th count, Step LF across to RF, then Restart the dance(facing 3:00).

**[S3]: Rocking Chair, Rock, Turn 1/4 R, Brush.**

1-4      Rock LF Forward. recover onto RF, Back Rock LF, Recover RF  
5-8      Rock LF Forward, recover onto RF, 1/4 Turn Left, Step LF to L Side, Brush RF Forward  
(12:00)

**[S4]: Jazz Box Cross, 1/4 Monterey R.**

1-4      Step RF Forward, Step LF Back, Step RF To R Side, Step LF Across to RF,  
5-6      Point RF to Right Side, 1/4 turn Right Step RF next to LF. (3:00)  
7-8      Point LF to Left Side, Step LF Next to RF. (weight on LF)

**REPEAT**

Enjoy and happy Dancing...

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