

My Country Style

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Beautiful Crazy Dancing (USA) - April 2025
音乐: My Country Style - Fredy P



Sequence: A, A, B, A, A, B, Restart, A, A, B

Restart: During second "B" after 16 counts

Part A: 32c

Section 1: Step Hitch x3, Kick and Point x2

1-2 | Step RF forward, hitch R knee (scoot LF forward) -travel forward to 12:00
&3 | Step RF down, hitch R knee (scoot LF forward) -continue travel
&4 | Step RF down, hitch R knee (scoot LF forward) -continue travel
5-6 | Kick RF forward & close, Point LF side & close
7-8 | Kick LF forward & close, Point RF side & close

Section 2: Scuff Turn, Stomp, Hips, Sailor Step, 3/4 Turn

1-2 | Scuff RF with 1/4 turn left
3-4 | Stomp RF, hip rolls or shakes
5-6 | Left sailor step (L-R-L)
7-8 | Cross LF in front of RF, unwind 3/4 turn over right shoulder (end facing 9:00)

Section 3: Triple Step, Side Toe Taps x3, Clap, Toe Heel Stomp

1-2 | Triple step forward (R-L-R)
3-4 | Tap RF to side, switch to tap LF to side
5&6 | Tap RF to side, double clap
7&8 | Tap RF toe, heel, stomp RF

Section 4: Toe Heel Stomp (L), Scuff, Cross, Full Turn

1&2 | Tap LF toe, heel, stomp LF
3-4 | Scuff RF, cross RF over LF
5-8 | Unwind full turn over left shoulder (end facing 9:00)

Part B: 32c

Section 1: 1/4 Turn, 1/2 Turn x2, Body Roll

1-2 | 1/4 turn left stepping RF to side
3-4 | 1/2 turn left LF back
5-6 | 1/2 turn left stepping RF forward
7-8 | Step feet together, body roll

Section 2: Hip Sways x4

1-2 | Sway hips to right
3-4 | Sway hips to left
5-6 | Sway hips to right
7-8 | Sway hips to left

Section 3: Scissor Step, Rock Step, 1/2 Turn

1&2 | Scissor Step forward (Step RF to side, close LF next to RF, cross RF over LF)
3-4 | Rock forward on LF, recover on RF
5-8 | Step back on LF, make 1/2 turn left stepping RF, hold (or prep for A restart)

Restart Note:

On the second "B" sequence, restart the dance after 16 counts (right after the body roll) Begin again with Part A
