

Cookin' Time

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Laura Nanclores (ES) - April 2025
音乐: Chittlin' Cookin' Time In Cheatham County - Sierra Ferrell



Intro: 32 counts.

[1-8] R-L WALK FW, ROCK STEP FW, R-L SWEEP BACK, ROCK STEP BACK

1-2 Step forward RF, Step forward LF
3-4 Rock forward RF, recover weight on LF
5-6 Step back RF, Step back LF with sweep from front to back
7-8 Rock back RF, recover weight on LF (12:00)

[9-16] GRAPEVINE CROSS, 1/8 TURN L STEP R, TOUCH, 1/8 TURN L STEP L, HICHT

1-2 Step RF to right, cross LF behind RF
3-4 Step RF to right, cross LF over Rf
5-6 Step RF to right with 1/8 turn to left
7-8 Step LF to left with 1/8 turn to left, Hicht up R knee (09:00)

[17-24] SLOW SAMBA STEP, SLOW CROSS SHUFFLE, POINT R, 1/4 TURN R STEP R TOGETHER

1-2-3 Cross RF over LF, Step LF to left, recover weight on RF
4-5-6 Cross LF over RF, Step RF to right, Cross LF over RF
7-8 Point RF to right, Step RF next to LF with 1/4 turn to right (Monterrey turn) (12:00)

[25-32] POINT L, HOLD, TOGETHER, POINT R, HOLD, JAZZ BOX 1/4 TURN

1-2 Point LF to left, Hold
&3-4 Step LF next to RF(&), Point RF to right, Hold
5-6 Cross RF over LF, Step back LF
7-8 Step RF to right with 1/4 turn to right, Step forward LF (03:00)