

My Darling

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Don Pascual (FR) - April 2025
音乐: A Rose and a Thorn - Sons Of Bakersfield



Start on vocals

Structure of the dance: Wall 1, tag, wall 2, wall 3 (16 counts and restart), wall 4, tag, wall 5, wall 6 (34 counts then tag and restart), wall 7, final

Section 1: Triple step R fwd, L rocking chair, R $\frac{3}{4}$ T into a L triple step in place

1&2 Step R fwd, L beside R, step R fwd
3-4 Step L fwd, recover onto R
5-6 L back step (your upper body facing your left), recover onto R
7&8 (making a R $\frac{3}{4}$ T in place): R $\frac{1}{4}$ T & step L slightly fwd, R $\frac{1}{2}$ T & step R slightly fwd, bring L beside R

Section 2: Step R to R side, touch L beside R, L kick ball cross, step L to L side, touch R beside L, R kick ball cross *

1-2 Step R to R side, touch L beside R
3&4 Kick L fwd (L diagonal), bring L beside R, cross R in front of L
5-6 Step L to L side, touch R beside L
7&8 Kick R fwd (R diagonal), bring R beside L, cross L in front of R

***Restart (wall 3):**

Wall 3 after section 2, make a R $\frac{1}{4}$ T on ball of L then restart facing 12 o'clock

Section 3: R $\frac{1}{2}$ T into a R heel grind, L heel fwd, hold, R $\frac{1}{2}$ T into heel and toe syncopation

1-2 Dig R heel fwd with toe turned in, grind R heel making a R $\frac{1}{2}$ T stepping back on L
&3-4 Bring R beside L, L heel fwd (L diagonal), hold
&5&6&7&8 (making a R $\frac{1}{2}$ T): Bring L beside R, R heel fwd, bring R beside L, L back toe, bring L beside R, R back toe, bring R beside L, L heel fwd

Section 4: Rock step R fwd, R $\frac{3}{4}$ T into a R triple step, R $\frac{1}{2}$ T & L back toe strut, R back rock step, stomp up R beside L **

&1-2 Bring L beside R, step R fwd, recover onto L
3&4 (making a R $\frac{3}{4}$ T): R $\frac{1}{4}$ T & step R to R side, R $\frac{1}{4}$ T & step L beside R, R $\frac{1}{4}$ T & step R slightly fwd
5-6 R $\frac{1}{2}$ T & L toe backward, drop L heel
7&8 (jumping): Step R backward, recover onto L, stomp up R beside L **

**** Tag and restart (wall 6):**

Start wall 6 facing 12 o'clock:

Dance sections 1 to 4, then replace the first 2 counts of section 5 with:

1-2 Stomp up R, stomp R
1-2 Stomp up R beside L, stomp R beside L

Then dance the 16 following counts (tag):

[&1-8]: Flick L & stomp L, hold x 3, L $\frac{1}{4}$ T flicking R & stomp R, hold x 3

&1-4 Flick L backward & stomp L, hold x 3

&5-8 L $\frac{1}{4}$ T on ball of L (flicking R backward) & stomp R, hold x 3

[9-16]: L $\frac{1}{4}$ T flicking L & stomp L, hold x 3, flick R & stomp up R, hold x 3

&9-12 L ¼ T on ball of R (flicking L backward) & stomp L, hold x 3
&13-16 Flick R backward & stomp up R, hold x 3 (ending weight on L)

Then restart the dance facing 6 o'clock

Section 5: Modified vaudeville to the L, R hook in front of L, large step to the R, stomp L beside R, applejacks

1&2 Cross R in front of L, step L to L side, kick R fwd (R diagonal)
&3-4 Hook R in front of L shin, large step R to R side, stomp L beside R
&5&6 Swivel L toe & R heel to the L, swivel L toe & R heel back to center, swivel L heel & R toe to the R, swivel L heel & R toe back to center
&7&8 Swivel L toe & R heel to the L, swivel L toe & R heel back to center, swivel L heel & R toe to the R, swivel L heel & R toe back to center

Easy option: you can replace counts &5&6&7&8 with toe fans:

&5&6 Fan R toe to the R, bring back to center, fan L toe to the L, bring back to center
&7&8 Fan R toe to the R, bring back to center, fan L toe to the L, bring back to center

Section 6: R, L, R kicks fwd making a R ¼ T, stomp L beside R, R side step, stomp up L beside R, R ¼T & L side step, stomp up R beside L, R side step, stomp up L beside R, stomp L to L side, ***

1&2&3&4 ; Making a R ¼ T : Kick R fwd, bring R beside L, kick L fwd, bring L beside R, kick R fwd, bring R beside L while flicking L, stomp L beside R
5&6& Step R to the R, stomp up L beside R, R ¼ T & step L to the L, stomp up R beside L
7&8 Step R to the R, stomp up L beside R, stomp L to the L ***

*****Tag (walls 1 & 4)**

At the end of walls 1 and 4 facing 6 o'clock add the 2 following counts:

1-2 Stomp R, stomp L
1-2 Stomp R, stomp L beside R

Final:

At the end of wall 7 facing 12 o'clock, add the following count:

1 Stomp R fwd (R diagonal)

Contact: countryscal@gmail.com
