Hand On Your Heart



拍数: 40 墙数: 4 级数: Intermediate

编舞者: Alison Austerberry (UK) - April 2025 音乐: Hand on Your Heart - Kylie Minogue



Styling: Every time Kylie sings Put Your Hand on Your Heart...that's what you do

OUT OUT, BACK, BACK, RIGHT SHUFFLE FORWARD, STEP ½ TURN

1-2 Step Forward Right. Step Forward Left3-4 Step Back Right. Step Back Left

5&6 Step Forward Right. Step Left next to Right. Step Forward Right

7-8 Step Forward on Left, making ½ turn RIght

TURN TURN, TURN AND ROCK, AND STEP AND STEP HITCH STEP

9-10 Step Forward on Left, making ¼ turn Left. Stepping Right in place

11-12 Step Forward on Left, making ¼ turn Left. &13-14 Rock Forward on Right, Recover on Left

&15&16& Step back on Right. Step back on Left. Step back on Right. Hitch Left. Step on Left

2X DOROTHY STEPS, EXTENDED JAZZ BOX

17&18	Step Right to Right diagonally. Step Left next to Right. Step Right to Right side
19&20	Step Left to Left diagonally. Step Right next to Left. Step Left to Left side

21-22 Step Right over Left. Step back on Left.

23-24 Step Right to Right side.. Step forward on Left

1/4 MONTEREY, MONTEREY. FULL PADDLE TURN LEFT

25-26	Point Right to Right side turing 1/4 turn Right
27-28	Point Left to Left side. Place Left next to Right
29-30	On base of Left Paddle ¼ Left x 2

31-32 One base of Left Paddle ¼ Left x 2

ROCK RECOVER, RIGHT SHUFFLE BACK, CROSS UNWIND, RIGHT TOUCH AND STEP

33-34 Rock forward on Right . Recover on Left

35&36 Step back Right. Step Left next to Right . Step back Right

37-38 Step Left behind Right, unwind 1/2 turn left

39&40 Touch Right foot forward. Step Left. Step Right next to Left

END OF DANCE

Restart at end of Wall 7 (dance up to Count 32)