

# Shades of Blue

**COPPER KNOB**  
STEPSHEETS

拍数: 48      墙数: 2      级数: Upper Beginner  
编舞者: Angie Harriss (AUS) - January 2025  
音乐: Knee Deep In My Heart - Shane Filan



**INTRO: 8 Counts, Start dance on words**

**STEP FWD R HOLD CLAP - STEP FWD L HOLD CLAP - SHUFFLE BACK RLR - STEP BACK L HOLD CLAP - STEP BACK R HOLD CLAP - SHUFFLE FWD LRL**

1&2&3&4      Step fwd R hold clap, Step fwd L hold clap, Shuffle back RLR  
5&6&7&8      Step back L hold clap, Step back R hold clap, Shuffle fwd LRL

**ROCK FWD R - RECOVER L - COASTER RLR - WALK  $\frac{3}{4}$  TURN L - TOUCH R**

123&4      Rock fwd R, Recover L, Coaster RLR  
567&8      Walk  $\frac{3}{4}$  turn to L, LRL, Touch R (3 O'clock)

**ROCK R TO R SIDE - RECOVER L - BEHIND SIDE CROSS - ROCK L TO L SIDE - RECOVER R - BEHIND SIDE CROSS**

123&4      Rock R to R side, Recover L, Step R behind L, Step L to L side, Cross R in front of L  
567&8      Rock L to L side, Recover R, Step L behind R, Step R to R side, Cross L in front of R

**STEP FWD R -  $\frac{1}{2}$  TURN SHUFFLE FWD RLR - STEP FWD L -  $\frac{1}{2}$  TURN SHUFFLE FWD LRL**

123&4      Step fwd R,  $\frac{1}{2}$  turn L, Shuffle fwd RLR  
567&8      Step fwd L,  $\frac{1}{2}$  turn R, Shuffle fwd LRL

**WEAVE R - ROCK R - RECOVER L - CROSS SHUFFLE TO THE L RLR**

1234      Step R to R side, L behind R, Step R to R side, L in front of R  
567&8      Rock R to R side, Recover L, Cross shuffle R in front of L RLR

**WEAVE L -  $\frac{1}{4}$  TURN R - KICK BALL L - TOUCH R**

1234      Step L to L side, R behind L, Step L to L side, R in front of L  
567&8      Step L to L side,  $\frac{1}{4}$  turn R, Kick ball L, Touch R

**Tag1: Wall 5 after 12 counts walk a full turn to the front touching R beside L (12 o'clock)  
RESTART DANCE**

**Tag2: Wall 6 after 12 counts walk a full turn to the front touching R next to L, Rock R to R side, recover on L, step R behind L, L to L side, touch R beside L. (12 o'clock)  
RESTART DANCE**

**OPTIONAL EXTRAS: Hat work may be added in from the rock fwd back coaster and side rock behind side crosses. Arms may be added in the weaves. For Styling.**

**Thank You - Angie Harriss - Belts Buckles N Boots**