

拍数: 32 墙数: 4
 编舞者: In Sun Yoo (KOR) - April 2025
 音乐: Man Man Ha Ni - UKISS

级数: High Beginner



Intro: After intro song, Start Dance at a time singing.

Sec1 Walk back*2, Coster step, Heels Swivle, 1/4 Left Turn

1,2	Step Right to back, Step Left to back
3&4	Step Right to back, Step Left beside Right, Step Right to forward
5&6	Step Left to forward, Both heels Swivel Out to the Left, Both heels Recover
7,8	Step Right to forward, 1/4 Pivot to the Left (9:00)

Sec2 Cross Side Rock Recover, 1/4 Cross Side Rock Recover, Step Touch Side Touch Cross, Touch Side

1&2	Cross Right over Left , Step Left to Side Rock, Recover Step Right to Right it's like 'Cross Samba Step'
3&4	Cross Left over Right, Step Right to Side Rock, Recover 1/4 Turn Left Forward Left Step(6:00)
5,6	Step Right to Forward, Toe touch Left to the Left Side
7,8	Toe Touch Left Cross over Right, Toe touch Left to the Left Side, Toe touch Left to Left Side

Sec3 1/4 Sailor, Step out, out, heels drops×4(or bounce)

1&	Step Left sweep to behind Right, 1/4turn Step Right beside Left slightly heels up weight middle,
2	Step Left forward (3:00)
3,4	Step Right out, Step Left out
5,6,7,8	Both of heels up&down 4 times

Upper Body Circle from Left to Right

Sec4 1/4 Pivot Leftx2, Walkx2, Stompx2

1,2	Step Right to forward, 1/4 turn Pivot(12:00)
3,4	Step Right to forward, 1/4 turn Pivot (9:00)
5,6	Step Right forward Walk, Step Left forward Walk
7,8	Step Right Stomp, Stomp

OPTION

When lyrics " Man Man Hani"
We can dance with Right Hand shack. It's like Music video.

Last Update: 21 Apr 2025