

Rest in Peace

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数:
编舞者: Lorraine Turner (AUS) - 15 April 2025
音乐: Rest In Peace - Ryan Jewel



Starting On The Word: "My"

Turning R, Do R Monteray, L Monteray, R Monteray, L Monteray, Facing 6 O'clock

1,2,3,4 Point R Toe To R Side, Step Together, Turn $\frac{1}{4}$ Turn R, Point L Toe To L Side, Step Together
5,6,7,8 Point R Toe To R Side, Step Together, Turn $\frac{1}{4}$ Turn R, Point L Toe To L Side, Step Together

Camel Right, Camel Left

1,2,3,4 Step R Foot Fwd At 45%, Bring L To Meet R, Step R Foot Fwd, 45%, Touch L Foot Beside R
5,6,7,8 Step L Foot Fwd At 45%, Bring R To Meet L, Step L Foot Fwd, 45%, Touch R Foot Beside L

Step R To R Side, Step L Behind R, Step R To R Side, Step L Over R, Step R $\frac{1}{4}$ Turn L, Step L $\frac{1}{4}$ Turn L, Cross R Over L, Rock Back On L

1,2,3,4 Step R Foot To R Side, Step L Foot Behind R, Step R Foot To R Side, Step L Foot Over R
5,6,7,8 Step R Foot $\frac{1}{4}$ Turn L, Step L Foot $\frac{1}{4}$ Turn L, Cross R Foot Over L, Rock Back On L

Step R To R Side, Cross L Over R, Step R To R Side, Step L Behind R, Step R Foot $\frac{1}{4}$ Turn R, Step L Slightly Fwd And On Your Toes, Do $\frac{3}{4}$ Turn R (Pencil Step)

1,2,3,4 Step R To R Side, Cross L Over R, Step R To R Side, Step L Behind R
5,6,7,8 Step R Foot $\frac{1}{4}$ Turn To The R, Step L Beside R (6), Turn $\frac{3}{4}$ Turn To The R (7,8) Pencil Turn

Going At A 45% Angle, Step Fwd On R, Do A Lock (R,L,R) Touch L Behind R, Step Back On L, Step R Foot Across L, Step L To L Side, Hold

1,2,3,4 45 % Angle, Step Fwd On R, Bring L Foot Up Behind R, Step Fwd On R (Fwd Lock), Touch L Behind R
5,6,7,8 Step Back On L, Step R Foot Across In Front Of L, Step L To L Side, Hold

Right Sailor, Hold, Left Sailor, Hold

1,2,3,4 Sweep R Foot Behind L, Step L To L Side, Rock R To R Side, Hold
5,6,7,8 Sweep L Foot Behind R, Step R To R Side, Rock L To L Side, Hold

Step Fwd On R, Back On L, Do $\frac{1}{2}$ Turn R, Step Fwd On R, Hold, Step L To L Side, Rock R To R Side, Cross L Over R, Hold

1,2,3,4 Step Fwd On R, Back On L, $\frac{1}{2}$ Turn R, Step Fwd On R, Hold
5,6,7,8 Step L To L Side, Rock R To R Side, Cross L Over R, Hold

Step R To R Side, Rock L To L Side, Cross R Over L, Hold, Step L $\frac{1}{4}$ Turn R, Step R $\frac{1}{4}$ Turn R, Rock L To L Side, Touch R Beside L

1,2,3,4 Step R To R Side, Rock L To L Side, Cross R Over L, Hold
5,6,7,8 Step L Foot A $\frac{1}{4}$ Turn R, Step R Foot $\frac{1}{4}$ Turn R, Rock L To L Side, Touch R Beside L

Facing 12 O'clock Again:

Restart: After The Second Time Through, You'll Have An Instrumental Break. Dance Up To Count 32, Then After The Pencil Turn, Restart

Thank You
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