

A Lotta Women

COPPER KNOB
STEPPERS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Marianne Langagne (FR) - April 2025
音乐: A Lotta Women - Larry Fleet



Intro : 16 Counts

S1 ¼ TURN L ROCK FWD, ¼ TURN R RECOVER, KICK BALL CROSS, DIAGONAL ROCKING CHAIR & 1/8 TURN R STEP FWD, HITCH 1/4 TURN R

1 – 2 ¼ Turn L – RF Fwd (9.00) , Recover on LF with ¼ Turn R (12.00)
3 & 4 Kick RF, Together, Cross LF over RF
5 & 6 & RF Diagonal Fwd R, Recover on LF, RF Diagonal Back L, Recover on LF (1.30)
7 – 8 1/8 Turn R – Large Step RF Fwd (3.00) , ¼ Turn R – Hitch L Leg with pivot on R Ball (6.00)

S2 L SIDE, CHA CHA & SIDE, BEHIND , ¼ TURN R WALK R – L - R, L MAMBO STEP

1 LF to the L
2 & 3 Together, Recover on LF, RF to the R
4 & 5 Cross LF behind RF, ¼ Turn R – RF Fwd, LF Fwd (9.00)
6 RF Fwd
7 & 8 LF Fwd, Recover on RF ,LF Slightly Back

S3 LARGE STEP BACK , SWEEP, SAILOR STEP, BEHIND , ¼ TURN L SIDE, TOE FWD, HIP BUMP & HEEL &

1 Large Step RF Back
2 Sweep LF Back
3 & 4 Cross LF Behind RF, RF to the R, LF to the L
5 & Cross RF Behind LF, ¼ Turn L – LF to the L
6 R Plant Fwd (Heel Up)
& 7 Raise hip R, Lower hip
& 8 RF Back, L Heel Fwd
& Together - HERE RESTART N° 2 (5th Wall – Facing 12.00)

S4 STEP, SPIRAL FULL TURN L, TRIPLE STEP FWD, HEEL GRIND ¼ TURN R & CROSS, R POINT TO R

1 RF Fwd
2 Full Turn on R Ball crossing LF over R Leg (6.00)
3 & 4 LF Fwd, Together, LF Fwd
5 – 6 Heel Grind in ¼ Turn R (9.00) , Recover on LF
& 7 RF to the R, Cross LF over RF
8 R Point to the R

S5 SAILOR ½ TURN R , L , ½ TURN R, ¼ TURN R , CROSS , SIDE ROCK , R POINT FWD , R POINT TO R

1 & 2 ¼ Turn R – Cross RF Behind LF, ¼ Turn R – LF to the L, RF Slightly Fwd (3.00)
3 - 4 ½ Turn R – LF Back (9.00) , ¼ Turn R – RF to the R (12.00)
5 Cross LF over RF
& 6 RF to the R, Recover on LF
7 - 8 Point RF in front, Point R to the R - HERE RESTART N° 1 (2ND Wall - Facing 6.00)

S6 WALK R – L , ANCHOR STEP, ½ TURN L WALK L – R & HEEL & L POINT TO L

1 -2 Walk RF, Walk LF
3 & 4 RF Behind LF, Recover on LF, RF Slightly Back
5 – 6 ½ Turn L – Walk L - R (6.00)

& Together
7 & R Heel Fwd, Together
8 & L Point to the L, Together

Dance & Have Fun !!!!

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