Bagheera

级数: Intermediate



拍数: 134

编舞者: Jgor Pasin (IT) - April 2025

音乐: Shoulder to the Plow - Tim Styles

Sequence: A - B - C - A - B - C - A - B - C2 - A 8 counts - A2 - B2 - C FINAL

墙数:2

Start the dance after 16 counts

PART A

S.1: (SYNC) LOCK STEP DIAG. FWD, L SCUFF, L (SYNC) LOCK STEP DIAG. FWD, R SCUFF, R ROCK & ½ TURN R, JAZZ BOX ½ TURN RIGHT

- 1 & 2 & Step R diagonally right forward, Lock L behind R, Step R diagonally right forward, L scuff beside R
- 3 & 4 & Step L diagonally left forward, Lock R behind L, Step L diagonally left forward, R scuff beside L
- 5 & 6 Step R forward, recover weight on L turning ¼ right, ¼ turn right and Step R forward
- 7 & 8 Cross L over R, ¼ turn right and Step R back, ¼ turn right and Step L slightly forward

S.2: JAZZ BOX THREE BACK x2, R STEP, L STOMP, R CROSS TOUCH, FULL TURN LEFT

- 1 & 2 Cross R over L, Step L back, Step R diagonally right back
- & 3 & 4 Cross L over R , Step R back, Step L beside R, Step R forward
- 5-6-7-8 Stomp L forward, Cross R over L, Full Turn left in two counts

PART B

S.3: R KICK-STAMP-FLICK-SCUFF, R (SYNC) GRAPEVINE, L STAMP, L KICK-STAMP-FLICK-SCUFF, L (SYNC) GRAPEVINE, R STAMP

- 1 & 2 & Kick R forward, Stomp Up R beside L, Flick R diagonally right back, Scuff R beside L
- 3 & 4 & Step R to right side, Step L behind R, Step R to right side, Stomp Up L beside R
- 5 & 6 & Kick L forward, Stomp Up L beside R, Flick L diagonally left back, Scuff L beside R
- 7 & 8 & Step L to left side, Step R behind L, Step L to left side, Stomp Up R beside L

S.4: R KICK-STAMP-FLICK-SCUFF, R (SYNC) GRAPEVINE, STOMP ½ TURN R, TAP R HEEL x 3

- 1 & 2 & Kick R forward, Stomp Up R beside L, Flick R diagonally right back, Scuff R beside L
- 3 & 4 Step R to right side, Step L behind R, ¼ turn right and Step R forward
- 5-6-7-8 ¹/₄ turn right and Stomp L, Tap L heel x 3 (weight on L at count 8)

S.5: R STOMP 1/2 TURN LEFT, TAP R HEEL x 3

1-2-3-4 ¹/₂ turn left and Stomp R, Tap R heel for three counts (weight on R at count 4)

PART C

S.6: L (SYNC) GRAPEVINE, R SCUFF, JAZZ BOX AND CROSS, R (SYNC) GRAPEVINE, L SCUFF, JAZZ BOX AND CROSS

- 1 & 2 & Step L to left side, Step R behind L, Step L to left side, Scuff R beside L
- 3 & 4 & Cross R over L, Step L back, Step R to right side, Step L over R
- 5 & 6 & Step R to right side, Step L behind R, Step R to right side, Scuff L beside R
- 7 & 8 & Cross L over R, Step R back, Step L to left side, Step R over L

S.7: L ROCK & BACK, R COASTER STEP, L STEP, R STOMP, R TAP HEEL x2, L COASTER STEP

- 1 & 2 Step L forward, recover weight on R, Step L back
- 3 & 4 & Step R back, Step L beside R, Step R forward, Step L slightly forward

- 5 6 7 Stomp R forward, Tap R heel x2 (weight on R at count 7)
- & 8 & Step L slightly diagonally left back, Step R beside L, Step L forward

PART C 2

S.8: REPEAT S.6 OF PART C

S.9: L ROCK & BACK, R COASTER STEP, L STEP

- 1 & 2 Step L forward, recover weight on R, Step L back
- 3 & 4 & Step R back, Step L beside R, Step R forward, Step L slightly forward

S.10: R STOMP, R TAP HEEL x 3, L STOMP, L TAP HEEL x 3

- 1-2-3-4 Stomp R forward, Tap R heel x 3 (weight on R at count 4)
- 5-6-7-8 Stomp L forward, Tap L heel x 3 (weight on L at count 8)

RESTART

After C2, S.1 of Part A and Restart

PART A 2

S.11: REPEAT S.1 OF PART A

S.12: REPEAT S.2 OF PART A HOLD 2 COUNTS

S.13: R STOMP, HOLD x 3, L STOMP 1/2 TURN R, HOLD x 3

- 1-2-3-4 Stomp R, Hold for three counts
- 5-6-7-8 ¹/₂ turn right and Stomp L, Hold for three counts

S.14: R STAMP ½ TURN L, R STOMP, HOLD x 3

- 1 & ½ turn left and Stomp Up R, Stomp R
- 2 3 4 Hold

PART B 2

S.15: L KICK-STAMP-FLICK-SCUFF, L (SYNC) GRAPEVINE, R STAMP, R KICK-STAMP-FLICK-SCUFF, R (SYNC) GRAPEVINE, L STAMP

- 1 & 2 & Kick L forward, Stomp Up L beside R, Flick L diagonally left side, Scuff L beside R
- 3 & 4 & Step L to left side, Step R behind L, Step L to left side, Stomp Up R beside L
- 5 & 6 & Kick R forward, Stomp up R beside L, Flick R diagonally right back, Scuff R beside L
- 7 & 8 & Step R to right side, Step L behind R, Step R to right side, Stomp Up L beside R

S.16: L KICK-STAMP-FLICK-SCUFF, L (SYNC) GRAPEVINE, R STAMP, R KICK-STAMP-FLICK-SCUFF, R (SYNC) GRAPEVINE L, L SCUFF

- 1 & 2 & Kick L forward, Stomp Up L beside R, Flick L diagonally left side, Scuff L beside R
- 3 & 4 & Step L to left side, Step R behind L, Step L to left side, Stomp Up R beside L
- 5 & 6 & Kick R forward, Stomp Up R beside L, Flick R diagonally right back, Scuff R beside L
- 7 & 8 & Step R to right side, Step L behind R, Step R to right side, Scuff L beside R

PART C FINAL

S.17: REPEAT S.6 OF PART C

S.18: L ROCK & BACK, R COASTER STEP, L STEP, R STAMP FWD, R STOMP FWD, HOLD x2, L STAMP FWD, L STOMP FWD

- 1 & 2 Step L forward, recover weight on R, Step L back
- 3 & 4 & Step R back, Step L beside R, Step R forward, Step L slightly forward
- 5 & 6 Stomp Up R beside L, Stomp R slightly forward, Hold