

# And Slide

拍数: 32      墙数: 4      级数: Improver  
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音乐: Slip - Stooshe



**Intro: 20 Counts. Start at approx 9 secs.**

## **SEC 1 CHASSE, ROCK, RECOVER, HEEL, TOE, HEEL, TOE**

1&2      Right foot to Right side, Left next to Right, Right to Right side  
3-4      Rock Left foot behind Right, Recover onto Right  
5-6      Touch Left heel out, Touch Left toe out  
7-8      Touch Left heel out, Touch Left toe out

## **SEC 2 CHASSE, ROCK, RECOVER, MONTEREY ¼ TURN**

1&2      Left to Left side, Right next to Left, Left to Left side  
3-4      Rock Right behind Left, Recover onto Left  
5-6      Right touch to Right side, ¼ turn Right whilst returning Right foot (3:00)  
7-8      Left foot touch to Left side, Return Left foot (Weight on L)

**Restart Here on Walls 3 and 8**

## **SEC 3 SLIDE, TOUCH, SLIDE, TOGETHER, TWIST X3, CLAP**

1-2      Slide forward diagonally on Right foot, Touch Left next to Right  
3-4      Slide forward diagonally on Left foot, Right foot next to Left  
5-7      Twist to the Right (heels, toes, heels)  
8      Clap

## **SEC 4 KICK ACROSS, RETURN, KICK ACROSS, RETURN, SLOW SAILOR, TOUCH**

1-2      Kick Left foot across Right, Return the Left foot  
3-4      Kick Right foot across Left, Return The Right foot  
5-7      Left behind Right, Right foot out, Left foot out  
8      Touch Right foot next to Left

**Tag 1 At end of wall 5**

### **MONTEREY ¼ TURNS X2**

1-2      Right touch to Right side, ¼ turn Right whilst returning Right foot  
3-4      Left foot touch to Left side, Left next to right (Weight on L)  
5-6      Right touch to Right side, ¼ turn Right whilst returning Right foot  
7-8      Left foot touch to Left side, Left next to right

**Tag 2 At end of Wall 10**

### **MONTEREY ¼ TURN ON YOUR RIGHT FOOT FOR 4 COUNTS**

5-6      Right touch to Right side, ¼ turn Right whilst returning Right foot  
7-8      Left foot touch to Left side, Left next to right