

Arrepentido

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Arrepentido - María José



Intro. 32 Counts - No Tag, No Restart

Sec1) COASTER STEP, FWD MAMBO, STEP BACK, BACK MAMBO

1-3 RF step back, LF step next to RF, RF step forward
4&5 LF forward rock, recover on R, LF step back
6 RF step back
7&8 LF step back, recover on R, LF step forward

Sec2) BOTAFOGO (R-L), FWD ROCK, RECOVER, SHUFFLE 1/2 TURN R

1&2 RF cross over LF, LF side rock, recover on R
3&4 LF cross over RF, RF side rock, recover on L
5-6 RF forward rock, recover on L
7&8 RF making 1/4 turn R stepping side on R, LF step next to RF, RF making 1/4 turn R step forward on R

Sec3) SYNCOPATED JAZZ BOX WITH TOUCH, SIDE ROCK, RECOVER (X2)

1-2 LF cross over RF, hold
&3-4 RF step back on R LF step to side, RF beside touch LF
5-8 RF ball to side rock, recover on L, RF ball to side rock, recover on L

Sec4) BEHIND, SIDE, CROSS, KICK, BEHIND, 1/4 TURN R, STEP FWD, KICK

1-4 RF behind cross LF, LF step to side, RF cross over LF, LF low kick L to diagonal
5-6 LF behind cross RF, RF 1/4 turn to R step forward
7-8 LF step forward, RF forward low kick

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Enjoy the dancing!