

You Are Not Alone

COPPER **NOB**
STEPMATS

拍数: 16 墙数: 4 级数: Improver
编舞者: Chok Fredo (INA) - April 2025
音乐: Jhinho You Are Not Alone Cover Lyrics



Intro 22 Count (Start Dance on Vocal Lyrics *Gone*)

**2 tags/ 1 Restart

Sec 1 BASIC NC - SIDE - CROSS BEHIND - SIDE - CROSS ROCK - RECOVER - FORWARD ¼ TURN RIGHT- FORWARD - FULL TURN LEFT

- 1 - 2& Step RF to side, Cross LF slightly behind RF, Cross RF over LF
- 3 - 4& Step LF to side, Cross RF behind LF, Step LF to side
- 5 - 6& Cross rock RF over LF, Recover on LF, ¼ turn right step RF forward (3.00)
- 7 - 8& Step LF forward, ½ turn left step RF back (9.00) ½ turn Left step LF forward (3.00)

Sec 2 FORWARD AND SWEEP - BACK AND SWEEP - PIVOT ½ LEFT - WALK (R&L)

- 1 - 2& Step RF forward with Sweep LF forward, Cross LF over RF, Step RF to side
- 3 - 4& Step LF back with sweep RF back, Cross RF behind LF, Step LF to Side
- 5 - 6 Step RF forward, ½ turn left Weight on LF (9.00)
- 7 - 8 Walk RF forwarr, Walk LF forward

Restart On Wall 7 After 8 Count

Tag After Wall 5 & 10 (4& Count)

BASIC NC (R&L)

- 1 - 2& Step RF to side, Cross LF slightly behind RF, Cross RF over LF
- 3 - 4& Step LF to side, Cross RF slightly behind LF, Cross LF over RF

Contact person

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