The Wanderer

拍数: 48

级数: High Beginner



音乐: The Wanderer - Dion

Intro: 16 counts

*Introducing the 'Elaine' step - a modified version of the character Elaine's signature dance move on the Seinfeld TV show.

Section 1: L vine, Elaine, R vine, Elaine

- 1,2,3 Step L to left side, Step R behind L, Step L to left side
- 4 *Elaine: Flick R (Kick RF behind LF) while motioning over L shoulder w/L thumb & head tilt L
- 5,6,7 Step R to right side, Step L behind R, Step R to right side
- 8 *Elaine: Flick L (Kick LF behind RF) while motioning over R shoulder w/R thumb & head tilt R

Section 2: L fwd, Touch, R fwd, Touch, Rock, Recover, Step Back, Drag to Touch

- 1,2,3,4 Step L fwd, Touch R beside L, Step R fwd, Touch L beside R
- 5,6,7,8 Rock L fwd, Recover onto R, Step L back, Drag R to touch at L toe (Weight is now on L)

Section 3: Walk Back R,L,R,L, Rock Back, Recover, Kick-Ball-Change

- 1,2,3,4 Step back on R, Step back on L, Step back on R, Step back on L
- 5,67&8 Rock back on R, Recover onto L, Kick R fwd Step onto ball of R Step onto L

Section 4: (Modified V) R&L Toe Struts, Back, Together, Knee pops X2 (shoulder shrugs optional)

1,2,3,4Step R toe to right diagonal - drop heel (toe strut), Step L toe to left diagonal - drop heel5,6,7,8Step R back to center, Step L beside R, Lift both heels while bending knees X2 (knee pops).....RESTART here on Wall 3 (6:00).....

Section 5: L Vine, Cross Rock, Recover, R Vine with ¼ right turn

- 1,2,3 Step L to left side, Step R behind L, Step L to left side
- 4,5 Step R in front of and slightly across L, Recover onto L
- 6,7,8 Step R to right side, Step L behind R, Step F fwd making ¼ turn right

Section 6: Step L fwd rolling hips CCW X2, L Rocking Chair

- 1,2,3,4 Step fwd on L and immediately begin rolling hips in counter clockwise motion X2
- 5,6,7,8 Rock fwd on L, Recover onto R, Step L back, Recover onto R

*Elaine: A flick to R or L, combined w/a balled fist w/thumb extended (hitchhiker thumb) motioning over the L or R shoulder, and a side head motion in same direction as flick & thumb. This thumb/head motion is as if to answer a question of where someone/something is (over there)...adding a flick.

Restart: Wall 3 (6:00), after 32 counts (Section 4).

Bridge Ending: Complete wall 5 turning to 3:00. The chorus will then repeat "Cause I'm a Wanderer". Repeat Section 5 turning to 6:00. In section 6 make two ¼ pivot hip rolls, clockwise to 12:00 (1,2,3,4) and do the L rocking chair (5,6,7,8) to end the dance. Pose: Immediately after the rocking chair, step L to left side, hold one count, 'Elaine', hold.





墙数:4