

The Giver

拍数: 48 墙数: 2 级数: Improver
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音乐: The Giver - Chappell Roan



[1-8] Toe, heel, stomps x 4

1&2 Touch right toe to left foot, switch & touch right heel to left foot, stomp right foot
3&4 Touch left toe to right foot, switch & touch left heel to right foot, stomp left foot
5&6 Touch right toe to left foot, switch & touch right heel to left foot, stomp right foot
7&8 Touch left toe to right foot, switch & touch left heel to right foot, stomp left foot

[9-16] Right Mambo, Left Coaster Step, Rock right, 1/4L, cross, L rock & cross

9&10 Rock forward onto right foot, recover on left, step right to centre
11&12 Step back on left, bring right next to left, step forward on left
13&14 Rock right out to right side turning a ¼ turn left, cross right over left
15&16 Rock left out to left side, recover on right, cross left over right

[17-24] 'K' Step, forward rumba box

17& Step diagonally forward on right, touch left next to right
18& Step diagonally back on left, touch right next to left
19& Step diagonally back on right, touch left next to right
20& Step diagonally forward on left, touch right next to left
21&22 Step right to right side, step left together (&), step right forward
23&24 Step left to left side, step right together (&), step left back,hold

[25-32] Rock back, hook, step, right forward shuffle, step, touch, step back, kick, left coaster step

25&26 Rock back on right foot, hook left in front of right, step forward on left
27&28 Step forward on right, close left up to right, step forward on right
29& Step forward on left, touch right toe behind Left heel
30& Step back on right, kick left forward
31&32 Step back on left, step right next to left, step forward on left

[33-40] Right side rock, hold, & left side step, left sailor step, right sailor step

33-34 Rock right to right side, recover on left
&35-36 Step right next to left(&), step left to left side, recover on right
37&38 Step left behind right, step right to right side, step left to centre
39&40 Step right behind left, step left to left side, step right to centre

[41-48] Left jazz box ¼ turn, Left jazz box

41-44 Cross left over right, step back on right, step left to left side, step right to centre
45-48 Cross left over right, step back ¼ turn on right, step left to left side, step right to centre

No tags/restarts
