

Ain't That a Heartbreak

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Glenn Ball (USA) - March 2025
音乐: Ain't That a Heartbreak - Zach Top



#with 1x 8-cnt Repeat* & 1 Restart**

Intro: 32 counts (approx. 15 secs) to start with vocals

*Repeat the last 8 counts (counts 57-64) at the end of wall 2, then start again from the top of the dance.

**Restart on wall 5 after 60 counts (leaving off counts 61-64), starting from the top of the dance.

[1 – 8] Cross Rock Recover, Triple Side, Cross Rock, Recover, Triple Side

- 1,2 1) Step R across L; 2) Recover weight to L
3&4 3) Small step side R; &) Step together L; 4) Small step side R
5,6 5) Step L across R; 6) Recover weight to R
7&8 7) Small step side L; &) Step together R; 8) Small step side L

[9 – 16] R Sailor Step, L Sailor Step, R Heel-Toe-Heel-Toe

- 1&2 1) Step R behind L; &) Step side L; 2) Step side R
3&4 3) Step L behind R; &) Step side R; 4) Step side L
5,6,7,8 All these are moving "in" towards L: 5) Swivel R heel in; 6) Swivel R toes in; 7) Swivel R heel in; 8) Swivel R toes in

[17-24] Toe Strut R, Toe Strut L, Syncopate 'V' Step (Out-Out, Hold, In-In, Hold)

- 1,2,3,4 1) Touch R toes forward; 2) Lower R heel taking weight; 3) Touch L toes forward; 4) Lower L heel taking weight
&5,6 &) Step forward R "out" to front right diagonal; 5) Step forward L "out" shoulder width apart; 6) Hold
&7,8 &) Step back R "in" to center; 7) Step back L "in" together; 8) Hold

[25-32] R Touch Side, 1/4 Monterey Step, Touch Side, Tap, Syncopated Weave Behind & Front & Behind & Front

- 1,2,3,4 1) Touch side R; 2) Turn ¼ right stepping together R [3:00]; 3) Touch side L; 4) Tap L next to R
5&6 5) Step R behind L; &) Step side L; 6) Step R across L
&7&8 &) Step side L; 7) Step R behind L; &) Step side L; 8) Step R across L

[33-40] Step Side, Draw (Slide) Step, Forward Moving Pump-Ball-Change, Pump Step

- 1,2-3,4 1) Big step side R; 2-3) Slide L foot in towards R; 4) Step together L
5&6 5) "Pump" R forward (like pumping the brakes); &) Step together on ball of R; 6) Step forward L
7,8 7) Pump R forward; 8) Step together R

[41-48] Back Moving Pump-Ball-Change, Pump Step, Stomp, 3 Kicks w/ 1/4 Turn

- 1&2 1) "Pump" L forward (like pumping the brakes); &) Step together on ball of L; 6) Step back R
3,4 3) Pump L forward; 4) Step together L
5,6,7,8 5) "Rebound" Stomp (Stamp) R heel; 6,7,8) Pump kick R foot forward 3 times while making 1/4 right [6:00]

[49-56] R Stomp, Kick w/ 1/4 Turn, Coaster Step, L Stomp, Kick w/ 1/4 Turn, Coaster Step

- 1,2 1) Stomp R heel; 2) Pump kick R forward while making 1/4 turn right [3:00]
3&4 3) Step back R; &) Step together L; 4) Step forward R
5,6 5) Stomp L heel; 6) Pump kick L forward while making 1/4 turn left [6:00]

7&8 7) Step back L; &) Step together R; 8) Step forward L

***[57-64] Side R, Cross Kick, Side L, Cross Kick**, Out-Out (Ball-Change) Hold, Knee Pop, Pop**
1,2,3,4 1) Step side R; 2) Kick L across R; 3) Step side L; 4) Kick R across L **

****Restart from the top of the dance here during wall 5.**

&5,6 &) Step side "out" L; 5) Step side "out" R shoulder width apart; 6) Hold

7&8& 7) "Pop" both knees forward by lifting heels; &) Lower heels; 8) "Pop" both knees forward by
lifting heels; &) Lower heels taking weight on L

***After wall 2, Repeat counts 57-64 then start from the top of the dance.**

**Begin again with this as your "new" 12:00 starting reference wall. Keep it fun, add your own style, & have a
"ball"!!**

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the expressed permission of the choreographer.**
