Change Your Mind

级数: Improver

编舞者: Debbie Reiling (USA) - April 2025

音乐: Til I Change Your Mind - Teddy Swims

Intro: 16 counts Tag 1 8 counts at end of wall 2 (you will be facing 12:00) Tag 2 4 counts after 36 counts on wall 3 (you will be facing 9:00, comes after heel jacks) Sec 1: Step Touch, Step Touch, Vine R, Chug 3/4 Turn to Left and Step 1&2& RF to right, L toe touch next to RF, LF to left, R toe next to LF 3&4 Step RF to right, cross LF behind RF, RF to right 5&6&7&8 Press LF 1/4 left, recover on RF, press LF 1/4 left, recover on RF, press LF 1/4 left, Recover on RF, step on LF (3:00) Sec 2: Forward Hip Presses, Back Lock Step, Back Coaster Step 1&2 Press R hip forward diagonal, recover on LF, step RF next to LF 3&4 Press's hip forward diagonal, recover on RF, step LF next to RF 5&6 Step RF back, lock LF in front of RF, step RF back 7&8 Step LF back, step RF next to LF, step LF forward Sec 3: Turning Toe Struts, Kick & Point X 2 Step R toe forward with hip bump, 1/2 turn left stepping down on RF 1,2 3,4 L toe turn left 1/2 with hip bump, step on LF 5&6 Kick RF forward, step on RF & point L toe to L side 7&8 Kick LF forward, step on LF & point R toe to R side (Option for 1,2,3,4 - Right forward toe strut & Left forward toe strut) Sec 4: Chasse, 1/4 chasse, chasse, 1/4 chasse RF to R side, LF next to RF, RF to R side 1&2 3&4 LF turn 1/4 left, RF next to LF, Lf to L side 5&6 RF to R side, LF next To RF, RF to R side LF turn 1/4 left, RF next to LF, LF to L side (9:00) 7&8 Sec 5: Syncopated R&L Heel Jacks, Syncopated Rocking Chair, Shuffle 1&2& RF cross LF, LF to left, touch R heel forward diagonal, RF next to LF 3&4& LF cross RF, RF to R, touch L heel forward diagonal, LF next to RF 5&6& Rock RF forward, recover weight on LF, rock RF back, recover weight on LF 7&8 RF forward, LF next to RF, RF forward Sec 6: Syncopated Rocking Chair, Shuffle Forward, out, out, step, 1/4 turn 1&2& Rock LF forward, recover weight on RF, rock LF back, recover weight on RF 3&4 LF forward, RF next to LF, LF forward 5,6,7,8 RF forward diagonal, LF forward diagonal, RF forward, LF Turn 1/4 L (6:00) Tag 1 Pivot 1/2, Pivot 1/2, V step RF forward, pivot 1/2 L with weight on LF 1.2 3&4 RF forward, pivot 1/2 L with weight on LF RF forward diagonal, LF forward diagonal 5,6 7,8 RF back. LF back next to RF

Tag. 2. Forward Step, 1/4 Left, walk, walk



墙数: 2

拍数: 48

1,2. RF forward, LF turn 1/4 L (6:00)

3,4. RF forward, LF forward

Last Update: 2 May 2025