

If You Ain't With Me

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Larry Bass (USA) - April 2025
音乐: If You Ain't With Me - Josh Turner



[Start after 16 counts]

SWAY FORWARD, SWAY BACK; TRIPLE STEP FORWARD; ROCK STEP, STEP BACK, LOCK, BACK

1-2 Step L forward & sway hips forward; Recover back to R & sway hips back
3&4 Step L forward, Step R to L, Step L forward
5-6 Rock R forward; Recover back to L
7&8 Step R back, Lock L over R, Step R back

BACKWARD ROLL, COASTER STEP CROSS; SWAY RIGHT, SWAY LEFT, SIDE, TOGETHER, SIDE

1-2 Make a ½ turn left & step L forward (6:00); Make a ½ turn left & step R back (12:00)
3&4 Step L back, Step R beside L, Step L across R
5-6 Step R to right & sway hips right; Recover left & step L to left & sway hips left
7&8 Step R to right, Step L beside R, Step R to right

CROSSOVER ROCK STEP, SIDE, TOGETHER, SIDE; CROSSOVER ROCK STEP, SIDE, TOGETHER, ¼ TURN

1-2 Rock L across R; Recover back to R
3&4 Step L to left, Step R beside L, Step L to left
5-6 Rock R across L; Recover back to L
7&8 Step R to right, Step L beside R, Make a ¼ turn right & step R forward (3:00)

STEP ½ PIVOT, TURNING TRIPLE STEP; WALK BACK, BACK, COASTER STEP

1-2 Step L forward; Pivot ½ turn right to R (9:00)
3&4 Make ½ turn right & triple step L, R, L (3:00)
5-6 Walk back R; Walk back L
7&8 Step R back, Step L beside R, Step R forward

Begin Again
